



Aloe Body Toning Kit

Mime su cuerpo con una "envoltura" casera diseñada para ayudarle a adelgazar, tonificar y afirmar, minimizando la textura desigual de la celulitis. Compuestos herbarios europeos y agentes calentadores naturales son sus "armas secretas" en la guerra contra la desagradable apariencia de la celulitis.

Estamos orgullosos de esta excelente colección, así que consienta su cuerpo con lo que éste se merece, y embellezca como nunca con el Aloe Body Toning Kit de Forever.

INGREDIENTES

Para los ingredientes en el Aloe Body Toner o Aloe Body Conditioning Creme, favor de referirse a las páginas de cada producto en la sección del Cuidado de la Piel.

ADVERTENCIA: No use el Toning Kit si está embarazada o ha tenido una operación recientemente, o si sufre de ciertas condiciones

médicas, incluyendo enfermedad del corazón, flebitis o problemas circulatorios. Antes de su uso, pruebe en una pequeña área de la piel para chequear cualquier reacción alérgica.

CONSULTE A SU MÉDICO ANTES DE USAR LA ENVOLTURA PLÁSTICA. MANTENGA LA ENVOLTURA PLÁSTICA FUERA DEL ALCANCE DE LOS NIÑOS.

IMPORTANTE

Quando use el Toner y Conditioning Creme:

- Lave sus manos inmediatamente después de la aplicación.
- Evite contacto con los ojos.
- No aplique a la cara, pechos o áreas genitales.
- Si ocurre irritación de la piel u otra reacción, enjuague con agua inmediatamente.
- No aplique a la piel irritada o recién afeitada.

PARA MEJORES RESULTADOS SIGA LAS INSTRUCCIONES EXACTAMENTE COMO SE INDICA.



El Aloe Body Toning Kit incluye:

- Aloe Body Toner
- Aloe Body Conditioning Creme
- Aloe Bath Gelée
- Esponja de Luffa y envoltura plástica

PRODUCTO #055 (Colección)

Using the Aloe Body Toning Kit

STEP 1

Cleanse with Aloe Bath Gelée and loofah

Experience an Aloe Bath Gelée luxury - cleanse, exfoliate, revitalize, massage, enrich, and relax with our exclusive Aloe Bath Gelée and loofah. Apply Aloe Bath Gelée to loofah and work into a rich lather by massaging the skin in a gentle motion; rinse. Use daily to give your skin a soft, smooth glow.

STEP 2

Mark and Measure

You may want to keep a record of your measurements to track inch loss. Prior to the toning process, lay a tape measure flat against your skin and mark your skin above and below the measuring tape with a permanent felt-tip pen. The marks are a guide to assist you in measuring accurately. Once the toning process is complete, measure again placing the tape measure between the marks.

STEP 3

Apply Aloe Body Toner

Test a small patch of skin for allergic reactions prior to application of the Aloe Body Toner. If after 24 hours no redness or itching occurs, then smooth liberally over the areas you wish to tone. The Aloe Body Toner has a warming and stimulating effect on the skin; more toner may be applied to increase these effects.

STEP 4

Apply Plastic Wrap

Wrap the plastic wrap around the areas where Toner has been applied. **DO NOT WRAP FACE, NECK, CHEST, SHOULDERS, FOREARMS, CALVES or GENITAL AREAS.** For your safety, the Aloe Body Toning Kit is only for use on the upper arms, abdomen and thighs. A second layer of plastic wrap may be applied if desired.

While in a relaxed position, leave the wrap in place for approximately one hour. Do not engage in any strenuous physical activity and do not fall asleep. Using blunt-tip scissors, remove and discard the used plastic wrap. Measure again, placing the tape measure between the marks. Subtract the total from the original measurements - the difference represents your overall inch loss. Massage in any remaining Aloe Body Toner left on the skin.

Maintenance

Aloe Body Conditioning Creme

Between body wraps, liberally apply Aloe Body Conditioning Creme to the entire body for smooth, glowing skin. Aloe Body Conditioning Creme is the ideal partner to Aloe Body Toner for keeping your body feeling smooth and supple. These complementary elements of the Body Toning Kit, combined with dieting and regular exercise, can help reduce the appearance of cellulite.

Apply Creme directly to the skin on areas not wrapped during the toning process, or use on all areas as a maintenance cream when no wrapping is involved. The Aloe Body Conditioning Creme helps to stimulate circulation, breaking up trapped fluids and fatty tissues. Do not apply Creme to irritated or newly shaved skin or immediately after bathing. Do not apply to the breasts, face, genital areas or mucous membranes. Avoid contact with the eyes. In case of skin irritation or reaction, rinse liberally with warm water.

Wash your hands immediately following application, close lid tightly and keep out of the reach of children.

General Notes:

The wrapping procedure should be followed according to your desire to tighten up or slim down. There will be a less visible effect on those with long-term fatness, as fatty deposits turn hard once stored under the skin for a while. Regular exercise and proper diet will be needed for a long-term benefit to be gained. Those with firm muscle tone will also see less benefit from body wrapping.

Those who have gained weight over a short period of time or who have loose muscle tone, are most likely to benefit from this process. The wrapping procedure can safely be applied two or three times in the first week, with decreasing frequency in subsequent weeks according to desire.

Feeling thirsty after applying the toner process is normal as water has been lost within the body. It is recommended that you drink more water to enhance metabolism and accelerate the elimination of water and fat.