



The Vital 5 Pack contains:

**4 x Forever Aloe Vera Gel**

Pure stabilised aloe vera gel which is as close to the natural plant juice as possible, containing over 200 different compounds. This rich source of nutrients provides the perfect supplement to a balanced diet. Drink to promote a healthy lifestyle and well-being.

**Ingredients:**

Stabilised aloe vera gel, sorbitol, ascorbic acid (vitamin C), citric acid, potassium sorbate, xanthan gum, tocopherol.



### 1 x Forever Daily

A food supplement designed to deliver 100% of the recommended daily allowance (RDA) of essential vitamins and bio-available minerals and nutrients. Forever Daily combines fifty-five perfectly balanced aloe-coated nutrients including vitamins A, C, D and B12, Iron, Calcium and Zinc. Take with the Aloe Vera Gel for best results.

#### Ingredients:

Calcium (as d-calcium malate), vitamin C (as ascorbic acid), magnesium (as di-magnesium malate), vitamin E (as d-alpha tocopherol and mixed tocopherols), iron (as iron bis-glycinate chelate), vitamin B7 (as biotin), zinc (as zinc glycinate chelate), vitamin B5 (as d-calcium panthothenate), vitamin B3 (as niacinamide), vitamin A (as beta carotene), copper (as copper glycinate chelate), iodine (as potassium iodide), manganese (as manganese glycinate chelate), chromium (as chromium nicotinate glycinate chelate), vitamin D (as cholecalciferol), vitamin B12 (as cyanocobalamin), vitamin B6 (as pyridoxine HCl and pyridoxal 5-phosphate), selenium (as selenium amino acid complex), vitamin B1 (as thiamin hydrochloride), vitamin B2 (as riboflavin), molybdenum (as molybdenum glycinate chelate), folic acid, apple powder, beet powder, red pepper, tomato powder, strawberry powder, cranberry powder, acerola powder, cabbage powder, spinach powder, onion powder, mangosteen powder, acai powder, blackberry powder, pomegranate powder, blueberry powder, broccoli powder, kale powder, carrot powder, pumpkin powder, grape powder, citrus bioflavanoids, quercetin, aloe vera gel, rutin, hesperidin, alpha-lipoic acid, coenzyme Q10, lutein, lycopene, zeaxanthin, resveratrol, Silicified microcrystalline cellulose, stearic acid, croscarmellose sodium, ethyl vanillin, sodium carboxymethylcellulose, dextrin, dextrose, medium chain triglycerides, trisodium citrate.



### 1 x Forever Active Probiotic

These easy-to-swallow beadlets require no refrigeration, making them convenient to take while travelling or on the go.

#### Ingredients:

Lactobacillus acidophilus, bifidobacterium longum, lactobacillus bulgaricus, bifidobacterium lactis, lactobacillus plantarum, lactobacillus rhamnosus, palm oil, soy lecithin, gelatin, glycerin, pectin, caramel colour.

#### Contains Soy.



### **1 x Forever Arctic Sea**

The human body cannot naturally make the omega-3 fatty acids which are commonly found in fish. Forever Arctic Sea's blend of natural fish and calamari oil contains the essential fatty acids EPA – which contributes to the normal function of the heart – and DHA – which contributes to the maintenance of normal brain function.

#### **Ingredients:**

Omega-3 Fatty Acids (from fish oil and calamari oil), EPA (eicosapentaenoic acid), DHA (docosahexaenoic acid), Oleic Acid (from olive oil), Lemon oil, Lime oil, vitamin E (from d-alpha tocopherol), gelatin, glycerin, purified water.

**Contains fish (salmon, anchovy, cod). Not suitable for cats.**



### **1 x Forever Argi+**

This delicious and nutritious sports drink contains five grams of L-Arginine per serving plus vitamins, including vitamin C – which contributes to the reduction of tiredness and fatigue – and vitamin D – which contributes to the maintenance of normal muscle function.

#### **Ingredients:**

L-Arginine, vitamin C (as ascorbic acid), vitamin K2 (as menaquinone), vitamin D3 (as cholecalciferol), vitamin B6 (as pyridoxine hydrochloride), vitamin B12 (as cyanocobalamin), folate (as folic acid), grape skin extract, pomegranate extract, red grape extract, blackcurrant juice powder, elderberry juice powder, raspberry juice powder, morello cherry juice powder, blackberry juice powder, blueberry juice powder, citric acid, silicon dioxide, monopotassium phosphate, maltodextrin, natural mixed berry flavour, xylitol, sucralose, d-ribose.

**If you have a heart condition, are pregnant or taking other medication, consult your doctor before using this product.**

