



FOREVER



The Vital 5 Pack contains:

2 x Forever Aloe Vera Gel

Our aloe vera is cultivated on fertile soils in a climate that enjoys over 2,000 hours of sunshine a year, and it's even been certified by the International Aloe Science Council for its purity. This new drinking gel is as close to the real thing as you can get, boasting 99.7% inner leaf aloe gel, lovingly extracted by hand so that you can experience the true power of nature. This purifying gel now also contains vitamin C which contributes to the normal function of the immune system and to a normal energy-yielding metabolism.

Ingredients:

Stabilized Aloe vera gel [Aloe vera gel (99,7%), vitamin C (ascorbic acid), antioxidant (ascorbic acid), acidity regulator (citric acid)].



1 x Forever Daily

This powerful daily multivitamin delivers 100% of the recommended daily allowance (RDA) of essential vitamins and bio-available minerals and nutrients. Forever Daily combines fifty-five perfectly balanced aloe-coated nutrients including vitamins A, C, D and B12, iron, calcium and zinc. Take with the Forever Aloe Vera Gel for best results.

Ingredients:

Calcium (as di-calcium malate), vitamin C (as ascorbic acid), magnesium (as di-magnesium malate), vitamin E (as d-alpha tocopherol and mixed tocopherols), iron (as iron bis-glycinate chelate), vitamin B7 (as biotin), zinc (as zinc glycinate chelate), vitamin B5 (as d-calcium panthothenate), vitamin B3 (as niacinamide), vitamin A (as beta carotene), copper (as copper glycinate chelate), iodine (as potassium iodide), manganese (as manganese glycinate chelate), chromium (as chromium nicotinate glycinate chelate), vitamin D (as cholecalciferol), vitamin B12 (as cyanocobalamin), vitamin B6 (as pyridoxine HCl and pyridoxal 5-phosphate), selenium (as selenium amino acid complex), vitamin B1 (as thiamin hydrochloride), vitamin B2 (as riboflavin), molybdenum (as molybdenum glycinate chelate), folic acid, apple powder, beet powder, red pepper, tomato powder, strawberry powder, cranberry powder, acerola powder, cabbage powder, spinach powder, onion powder, mangosteen powder, acai powder, blackberry powder, pomegranate powder, blueberry powder, broccoli powder, kale powder, carrot powder, pumpkin powder, grape powder, citrus bioflavanoids, quercetin, aloe vera gel, rutin, hesperidin, alpha-lipoic acid, coenzyme Q10, lutein, lycopene, zeaxanthin, resveratrol, Silicified microcrystalline cellulose, stearic acid, croscarmellose sodium, ethyl vanillin, sodium carboxymethylcellulose, dextrin, dextrose, medium chain triglycerides, trisodium citrate.



1 x Forever Active Pro-B

Forever Active Pro-B blends six strains of friendly bacteria, selected and engineered for their ability to reach the intended destination of the large intestine. Forever Active Pro-B is the perfect high-quality friendly bacteria supplement to complement your gut flora and assist with your diet and lifestyle goals. Each strain goes through thorough testing and has been selected for its ability to bypass stomach acid for optimal delivery into the intestines. Forever Active Pro-B does not require refrigeration, but to ensure maximum benefits the capsules are stored in unique packaging that controls moisture and protects the goodness captured in each supplement. The formula is also free from allergens and suitable for vegetarians.

Ingredients:

Hydrolysed corn dextrin, fructooligosaccharides, glazing agent (hydroxypropyl methylcellulose), Bifidobacterium lactis, Lactobacillus rhamnosus, Lactobacillus reuteri, Lactobacillus acidophilus, anti-caking agent (magnesium stearate, silicon dioxide) Bifidobacterium longum, Bifidobacterium bifidum, colour (titanium dioxide).

1 x Forever Arctic Sea

The human body cannot naturally make the omega-3 fatty acids which are commonly found in fish. Forever Arctic Sea's blend of natural fish and calamari oil contains the essential fatty acids EPA – which contributes to the normal function of the heart – and DHA – which contributes to the maintenance of normal brain function. N.B. Contains fish (salmon, anchovy and cod).

Ingredients:

Natural **fish** oil, gelling agent (gelatin), humectant (glycerin), water, **calamari** oil (**mollusc**), olive oil, natural lemon oil, natural lime oil, antioxidant (d-alpha-tocopherol).

Allergy advice: for allergens, see ingredients in bold



1 x Forever Argi+ Sachets

This delicious and nutritious berry-flavoured sports drink contains five grams of L-Arginine per serving plus vitamins, including vitamin C – which contributes to the reduction of tiredness and fatigue – and vitamin D – which contributes to the maintenance of normal muscle function.

Ingredients:

L-arginine, vitamin C (as ascorbic acid), vitamin K2 (as menaquinone), vitamin D3 (as cholecalciferol), vitamin B6 (as pyridoxine hydrochloride), vitamin B12 (as cyanocobalamin), folate (as folic acid), grapeskin extract, pomegranate extract, red grape extract, blackcurrant juice powder, elderberry juice powder, raspberry juice powder, morello cherry juice powder, blackberry juice powder, blueberry juice powder, citric acid, silicon dioxide, monopotassium phosphate, maltodextrin, natural mixed berry flavour, xylitol, sucralose, d-ribose.

If you have a heart condition, are pregnant or taking other medication, consult your doctor before using this product.

