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Message from our

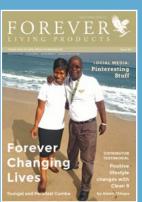
MARGARET ROSS

OPERATIONS MANAGER -



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ISSUE 90

A PUBLICATION OF FOREVER LIVING PRODUCTS - SOUTH AFRICA

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GRAPHIC DESIGN, DTP & EDITORIAL

Giving the Gift of Forever

or us at Forever, it's a time to look back at our successes over 2014, set our goals for 2015 and begin to put exciting new plans into motion.

2014 has been a year of tremendous

success. We filled the O2 Arena in London with 20,000 people, had more Eagle Managers than ever and helped people all over the world look and feel better with the help of the new Forever F.I.T. program and our other amazing products. 2014 was also a year for

learning, and with every challenge we found ways to improve and grow.

A time of giving and sharing

The end of the year is certainly not a time to slow down – but a time to push forward. As you all know, the holidays are a season of giving. Of course this refers to thoughtful, carefully selected gifts for your friends and family. But it also refers to the other things that you can give to those that you love and care about. This could mean volunteering your time, making donations or sharing wonderful experiences with those around you. For us, it also means giving the gift of Forever.

Sharing Forever with those that you love is not only about helping them look and feel better. It is about sharing a life and a livelihood that they may never have dreamed possible. It is truly the greatest blessing in my life to see how our wonderful products and company have helped people all over the world.

2014 was the best year yet at Forever, and I sincerely believe the best is yet to come.

From our family to yours

- Happy Holidays, Merry
Christmas, and thank
you for all that you do.

Forever Yours,

Jan Maneghan

Rex Maughan

Chairman of the Board & CEO

The holiday season signals many things — a time for togetherness, celebration, reflection and looking forward.



Rick & Eve Beeton

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Country Managers - Southern Africa South Africa, Namibia, Swaziland, Lesotho, Botswana, Mozambique, Zambia, Zimbabwe and Malawi

Seasons Treetings AND BEST WISHES...

to all of our Distributors and your families across Southern Africa.

May 2015 be a great year for you and for your FOREVER business. We wish everyone health, wealth and happiness!

If you are travelling over the Festive
Season, please take care and travel safely

December 2014

We look forward to another exciting year in FOREVER!

Best Regards,

Country Managers

Rick and Eve



On The Move

DISTRIBUTOR MOVE UPS - OCTOBER 2014



SOARING MANAGERS OCTOBER 2014



Bekinkosi & Lungile Mbuyisa • Kwa-Zulu Natal



SENIOR MANAGERS

OCTOBER 2014



Valencia & Isaac Legong • Gauteng



Dikeledi & Patrick Mabasa • Gauteng

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OCTOBER 2014



Achieved by reaching 120 CCs in 1 or over 2 consecutive months (full details in Company Policy)



Naomi Badenhorst • Gauteng



Thandi Baloyi • Gauteng



Innocentia Lamola & Foretel Maubane • Gauteng



Kebontshitswe Mahalefa & Ofentse Tshegameno • Gauteng



Stanley Mamabolo • Gauteng



Precious Masondo • Gauteng



Musa Phanga • Gauteng



Maggie & John Mkhabela • Gauteng



Nqobile Ndlovu & Thokozani Mbuyazi • Gauteng



France & Pheladi Tosi • Limpopo



Nokuthula & Nkosinathi Mnyandu Kwa-Zulu Natal



Betty & Simon Pazvakavambwa • Zimbabwe



Achieved by reaching 120 CCs in 1 or over 2 consecutive months (full details in Company Policy)

SOUTH AFRICA

Dau, Petronella & Joseph • Gauteng

Masondo, Primrose & Larutla, Kutloano • Gauteng

Tshuma, Margaret • Gauteng

Skhosana, Abigail & Makola, Aubrey • Mpumalanga

NAMIBIA

Amadhila, Perpetua & Leonard lipinge, Vicky & Paully



ASSISTANT MANAGERS

Achieved by reaching 75 CCs n 1 or over 2 consecutive months (full details in Company Policy)

OCTOBER 2014

SOUTH AFRICA

Baloyi, Mary ● Gauteng Brihane, Alemu ● Gauteng

Chauke, Deborah • Gauteng Chiradza, Precious • Gauteng

Goitsemodimo, Kgatlhiso • Gauteng

Hlongwane, Lungile • Gauteng

Mafabatho, Thapelo • Gauteng

Mampe, Keamogetse & Boitirelo • Gauteng

Maphalala, Busisiwe • Gauteng

Masemola, Sipho • Gauteng

Mashaba, Cathrine • Gauteng

Matebula, Fiona & Solly . Gauteng

Mohatli, Annah • Gauteng

Motale, Leah & Dogiso • Gauteng

Mshiane, Jeanett & Simon • Gauteng

Nare, Thizwilondi • Gauteng

Ntshudisane, Veronica • Gauteng

Ramatlho, Betty & Mogapi, Thabo • Gauteng

Ratlallane, Kgaugelo & Stanley • Gauteng

Rawale, Lusaka • Gauteng

Sambo, Elizabeth & Michael • Gauteng

Seloane, Florence • Gauteng

Bhengu, Silindile • Kwa-Zulu Natal

Duma, Nomhlangano • Kwa-Zulu Natal

Gxabu, Linda & Evelyn • Kwa-Zulu Natal

Maremae, Mokobene • Limpopo

Sebola, Tshamano • Limpopo

NAMIBIA

David, Emilia & Kaviva, Albert

lipinge, Hilka

Johannes, Maria & Lukas

Kolz, Ingrid

Nangombe, Loide & Ndiinekela

Shikongo, Klaudia & Nandumbu, Paulus

Uupindi, Hilma & Leonard

ZIMBABWE

Phiri, Nyaradzai & Maxwell Vezha, Gladys & Mark



SUPERVISORS

Achieved by reaching 25 CCs in 1 or over 2 consecutive months (full details in Company Policy)

OCTOBER 2014

SOUTH AFRICA

Dingaan, Nnoi • Free State

Kholokoane, Nkesi & Retshidisitswe • Free State

Lenea, Masentle • Free State

Mafabatho, Maria • Free State

Masia, Laurence & Hilda • Free State

Mokhethi, Motlalepule • Free State

Radebe, Ntokazi & Oupa • Free State

Agulhas, Sharylcharmele • Gauteng

Ahmed, Zaheer • Gauteng

Banda, Mokgadi • Gauteng

Beya, Bernice & Muso, Joseph • Gauteng

Beyoro, Birhanw • Gauteng

Chauke, Nicolas • Gauteng

Chikala, Ella • Gauteng

Ejajo, Gezaw • Gauteng

Gogosareanu, Sharon • Gauteng

Hlatshwayo, Nelco & Khathi, Tiisetso • Gauteng

Hlongwane, Londiwe • Gauteng

Keagile, Neo Joyce • Gauteng

Khawula, Vukani • Gauteng

Khumalo, Sifiso • Gauteng

Lambani, Humbulani • Gauteng

Lethokoe, Lebogang • Gauteng

Mabasa, Happy & Mathonsi, Beauty • Gauteng

Maimane, Tebogo • Gauteng

Mamabolo, Mamone & Monyane • Gauteng

Manana, Tina & Muzi • Gauteng

Maringa, Florence & Mutendamambo, Shelton • Gauteng

Mashabela, Mpho • Gauteng

Masilo, Kekaetswe & Mogale, Modiegi • Gauteng

Masipa, Victoria • Gauteng

Mataboge, Magdeline • Gauteng

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OCTOBER 2014



Mathobela, Zakhele • Gauteng

Matila, Velaphi & Makgitle • Gauteng

Matila, Jonathan • Gauteng

Matlala, Samuel • Gauteng

Mbatha, Gugu • Gauteng

Meba, Reshoketswe • Gauteng

Mnise, Clayton • Gauteng

Moatshe, Peace & Rebone • Gauteng

Monakalali, Pinky & Thabethe, Andries • Gauteng

Moyo, Knowledge & Mhlanga, Persistance • Gauteng

SUPERVISORS

Msimanga, Vusumuzi & Motheo, Modiehi • Gauteng

Ndaba, Raisibe • Gauteng

Ndlovu, Reginald & Latha, Sbongile • Gauteng

Ndlovu, Sebenzile • Gauteng

Ngcobo, Hlobisile • Gauteng

Ngobeni, Annah • Gauteng

Nkomo, Leaner • Gauteng

Nkutha, Gugulethu & Sibusiso • Gauteng

Nkwabela, Pieter & Grace • Gauteng

Nnoli, Emeka & Pauline • Gauteng

Ratlhallane, Leakwa & Gilbert • Gauteng

Rorke, Michelle • Gauteng

Sebele, Judith . Gauteng

Sekgota, Mittah • Gauteng

Seloadi, Mary • Gauteng

Sempe, Thabitha & Lawrence • Gauteng

Shabangu, Sibusiso & Mthimkhulu, Nelisiwe • Gauteng

Skosana, Thinavhuyo • Gauteng

Tebarang, Maria • Gauteng

Tembe, Biziwe • Gauteng

Thibabe, Ester • Gauteng

Tryphine, Ncube • Gauteng

Tshabalala, Ntombinkhulu • Gauteng

Tshwale, Germinah • Gauteng

Valoyi, Pfumelani • Gauteng

Vilakazi, Bayanda & Thabile • Gauteng

Williams, Myrtle • Gauteng

Zulu, Thembelihle & Philisiwe • Gauteng

Zulu, Evenia • Gauteng

Dlamini, Mpumelelo & Sunrise • Kwa-Zulu Natal

Duma, Ayanda • Kwa-Zulu Natal

Mathonsi, Lungile • Kwa-Zulu Natal

Mdletshe, Sakhephi • Kwa-Zulu Natal

Ndimande, Xolisile & Paulos • Kwa-Zulu Natal

Ntshangase, Nokubonga • Kwa-Zulu Natal

Shabalala, Nonhlanhla • Kwa-Zulu Natal

Sibiya, Simangethemba • Kwa-Zulu Natal

Thwala, Khanyisile • Kwa-Zulu Natal

Ximba, Eunice • Kwa-Zulu Natal

Zulu, Nomzamo • Kwa-Zulu Natal

Sebola, Mpho • Limpopo

Dube, Nompumelelo & Reed, Dwight • Mpumalanga

Ngobeni, Palesa & Patrick • Mpumalanga

Dyubele, Morongwa • North West

Moea, Tseko & Matsepo • North West

Mofosi, Paseka & David • North West

MOZAMBIQUE

Manjate, Ana

Mujovo, Deolinda

Munguambe, Levi & Mate, Rogerio

Nhabinde, Esperanca

Uchai, Adimiro

Vilanculo, Afonso & Manhica, Amelia

Vilanculo, Ricardo & Mabuto, Julia

NAMIBIA

Alfeus, Vistoria

Alweendo, Cecilia

Angula, Elina & Kalutenda, Malakia

Kambangula, Emma

Kambangula, Freda

Kanyeumbo, Josephina

Ludwig, Fillemon & Negumbo, Josephina

Mvula, Victoria & Frans, Abner

Mwatile, Helena & Jason

Nauta, Erasmus & Rauna

Ndakalako, Helena & Paulus

Nepela, Alina & Jairus

Shilunga, Josephina & Hamukwaya, Jonas

Shoongo, Taimi

Sikwaya, Andreas

Simon, Emilia

Thomas, Gloria

ZAMBIA

Malokota, Oliver & Tupelo

Mwiinga, Jacqueline

ZIMBABWE

Munemo, Emma

Chisvo, Calvin

Kaliwo, Edith

Kaliwoh, Emily & Never

Kanjedzana, Diana & Mpofu, Douglas

Krause, Kathleen & Hermanus

Maliwa, Memory & Matias

Mativenga, Nyengeterai & Mutabeni

Mazai, Winnet

Mpayah, Aileen & Simon

Mugova, Chipo & Elfas

Phiri, Nyasha

Watson, Peter & Theresa

BE PART OF THE ELITE



100 CLUB

This incentive is based on Personal and Non-Manager case credits and, for your efforts as Teambuilders, you will receive the following:-

Level 1



These Distributors will receive a GOLD "100 CLUB" PIN

100 PERSONAL AND NON-MANAGER CASE CREDITS FOR 3 CONSECUTIVE MONTHS

August - October 2014



Dikeledi & Queku Tsotetsi
GAUTENG



Christoffal & Christine Jansen
GAUTENG



Performance Ncube
GAUTENG

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This is a group of TOP ACHIEVERS and LEADERS in the business in Southern Africa.

100 CLUB

This incentive is based on Personal and Non-Manager case credits and, for your efforts as Teambuilders, you will receive the following:-

Level 2

These Distributors will receive a **WEEKEND AWAY** at a selected resort 100 PERSONAL AND NON-MANAGER CASE CREDITS FOR 6 CONSECUTIVE MONTHS

May - October 2014



Siphiwe & Mihloti Sibeko GAUTENG



Mildred & Mlotha Damaseke ZAMBIA

Level 3

These Distributors will receive a WEEK AWAY at a selected resort

100 PERSONAL AND NON-MANAGER CASE CREDITS FOR 12 CONSECUTIVE MONTHS

Joining the "100 Club" should be the ambition of every Manager. It shows that you are in "building mode" and not "cruising mode". It also means that you will soon be achieving your dreams and goals.

Achieve your goals, live your dreams ...

Earned Incentive

Become an Incentive Earner ...

Join many of our Distributors who have benefited from our EARNED INCENTIVE BONUS! This INCENTIVE BONUS gives you the freedom and financial confidence to improve your lifestyle, for example purchasing a NEW HOME, a CAR or for EDUCATION.

OCTOBER 2014



Level 2 - R6 300 pm Dikeledi & Patrick Mabasa GAUTENG



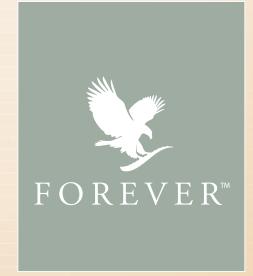
LEVEL 1 – R4 200 pm Dikeledi & Queku Tsotetsi GAUTENG



LEVEL 1 - R4 200 pm Matsatsi Ngwenya GAUTENG



LEVEL 1 – R4 200 pm Busisiwe Nhlebeya GAUTENG



LEVEL 1 - R4 200 pm Performance Ncube GAUTENG

Earn an additional R4 200 - R8 400 per month for 36 months (refer to Company Policy)

What do you want ? • a car • education • a house • you choose!

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ACHIEVER'S

CLUB SOUTHERN AFRICA

100 CASE CREDITS AND ABOVE OCTOBER 2014

This is a total of Personal and Non-Manager

case credits that an individual

has achieved for the month.

Keep your dreams alive

SOUTH AFRICA

1 Mabasa, Dikeledi & Patrick (4)

2 Ncube, Performance (3)

3 Mbiza, Ruth & Malibaki, Sam (1)

4 Simelane, Gugulethu (2)

5 Mbuyisa, Bekinkosi & Lungile (1)

6 Sibeko, Siphiwe & Mihloti (6)

Nhlebeya, Busisiwe (2)

3 Ngwenya, Matsatsi (4)

Legemo, Dewet & Lembebo, Petros (1)

0 Rasimeni, Amanda & Ramathe (2)

1 Jansen, Christoffal & Christine (6)

2 Tsotetsi, Dikeledi & Qheku (3)

NAMIBIA

- Ndoroma, Anna & Karl (7)
- 2 Kotokeni, Fillipus & Festus, Magdalena (1)
- 3 Johannes, Maria & Lukas (1)

ZAMBIA

1 Damaseke, Mildred & Mlotha

(9)

The number in brackets indicates how many times these Distributors have appeared in the 100cc ACHIEVERS CLUB IN 2014

TOP 10 TEN

OCTOBER 2014

DISTRIBUTORS

'Total case credits for you and your entire team for the year to date'

SOUTH AFRICA		
1	Phanga, Eric & Thelem	1
2	Biyela, Thabani & Nombuso	2
3	Mbatha, Gabisile & Bhekisisa	3
4	Mlangeni, Nombuso	5
5	Du Preez, Sue & Peet	4
6	Masondo, Siyabonga	6
7	Nomvete, Hilda	7
8	Dube, Thulani & Bongekile	8
9	Gininda, Thandi	9
10	Sibeko, Siphiwe & Mihloti	10

	NAMIBIA		
1	Ndoroma, Anna & Karl	1	
2	Shilunga, Kornelia & Orestus	2	
3	Shikongo, Regina & Jason	3	
4	Shindodi, Ulania & Melele, Joel	4	
5	Kandjeke, Wilbard & Itamalo, Saride	5	
6	Shimbulu, Rosalia & Shiimi, Linus	6	
7	Shikesho, Aune	7	
8	Tshivute, Blasius & Eunice	8	
9	Mushona, Esther & Nghilinganye, Fredrick	NE	
10	Kathingo, Rauha & Sebron	9	

TEAM BUILDERS

'Your Personal and Non-Manager case credits for the month'

SOUTH AFRICA		
1	Mabasa, Dikeledi & Patrick	2
2	Ncube. Performance	10
3	Mbiza, Ruth & Malibaki, Sam	NE
4	Simelane, Gugulethu	7
5	Mbuyisa, Bekinkosi & Lungile	NE
6	Sibeko, Siphiwe & Mihloti	NE
7	Nhlebeya, Busisiwe	NE
8	Ngwenya, Matsatsi	9
9	Legemo, Dewet & Lembebo, Petros	NE
10	Rasimeni, Amanda & Ramathe	NE

NAMIBIA		
1	Ndoroma, Anna & Karl	3
2	Kotokeni, Fillipus & Festus, Magdalena	NE
3	Johannes, Maria & Lukas	NE
4	David, Emilia & Kaviva, Albert	NE
5	Nghishongwa, Penehafo	NE
6	Mushona, Esther & Nghilinganye, Fredrick	6
7	Kandjeke, Wilbard & Itamalo, Saride	NE
8	Shimbulu, Rosalia & Shiimi, Linus	NE
9	lipinge, Vicky & Paully	NE
10	Amadhila, Perpetua & Leonard	NE

RECRUITERS

Most New Distributors recruited

SOUTH AFRICA		
1	Chiradza, Precious	3
2	Hlatshwayo, Nelco & Khathi, Tiisetso	NE
3	Moea, Tseko & Matsepo	NE
4	Ndaba, Raisibe	NE
5	Masondo, Primrose & Larutla, Kutloano	NE
6	Nnoli, Emeka & Pauline	NE
7	Vilanculo, Ricardo & Mabuto, Julia	NE
8	Ntshangase, Nokubonga	NE
9	Mabasa, Dikeledi & Patrick	NE
10	Kalima, Justin & Edna	NE

NAMIBIA		
1	Kambangula, Freda	NE
2	Kambangula, Emma	NE
3	Mvula, Victoria & Frans, Abner	NE
4	Kandjeke, Wilbard & Itamalo, Saride	NE
5	Hitoto, Ndelipewa	NE
6	Simon, Emilia	NE
7	Shindongo, Selma & Epafrans	NE
8	Chingufo, Lavinia & Avistides	NE
9	Shimwandi, Emilie	NE
10	Nambala, Namutenya	NE

NE = New Entry () = position held in previous month

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TOP 10 TEN

OCTOBER 2014

DISTRIBUTORS

'Total case credits for you and your entire team for the year to date'

ZAMBIA		
1	Damaseke. Mildred & Mlotha	1
2	Tembo, Tasila & Kantenga, Henry	2
3	Sichula, Philimon & Mugamya, Patricia	4
4	Chinyama, Caroline & Ngombe, Masauso	3
5	Sunkutu, Wezi	5
6	Serra, Elizabeth & John	6
7	Mwimanzi, Thomax & Helena	7
8	Sanderson, Eva & Murray	8
9	Muchemwa, Violet & Albert	9
10	Sobongo, Catherine & Sekwele, Marcus	10

ZIMBABWE		
1	Gumbo, Tsungai & Paradzai	1
2	Rich, Elaine & Roland	2
3	Matondo, Zivai & Tafara	4
4	Dube, Kudakwashe & Bekithemba	3
5	Dari, Shorai & Junica	5
6	Machakaire, Sawman & Akullo, Mary	7
7	Gumbo, Sehlile	6
8	Nyakuvambwa, Barbara & Batsirai	8
9	Ndirangu, Dionisa & Kabare	9
10	Stodart, Tracey & Alan	NE

TEAM BUILDERS

'Your Personal and Non-Manager case credits for the month'

1 Damaseke, Mildred & Mlotha	1
2 Tembo, Tasila & Kantenga, Henry	4
3 Sunkutu, Wezi	8
4 Sanderson, Eva & Murray	6
5 Mwenya, Evaristo & Ruth	NE
6 Ngungu, Assarh & Tshili, Sitembinkosi	7
7 Serra, Elizabeth & John	9
8 Kapalasa, Young & Mweemba, Brenda	NE
9 Muhau, Charles & Lubinda, Victoria	NE
10 Nzala, Editor	NE

ZIMBABWE		
1	Tapfumaneyi, Beatrice & Alexander	2
2	Pazvakavambwa, Betty & Simon	2
3	Matondo, Zivai & Tafara	4
4	Rich, Elaine & Roland	8
5	Dari, Shorai & Junica	NE
6	Gumbo, Tsungai & Paradzai	3
7	Murombwi, Edmore & Hope	NE
8	Gomes, Dolores & Mario	5
9	Machakaire, Sawman & Akullo, Mary	7
10	Ndirangu, Dionisa & Kabare	6

RECRUITERS

Most New Distributors recruited

ZAMBIA		
1	Damaseke, Mildred & Mlotha	2
2	Banda, Joseph & Chimenge, Joyce	4
3	Mushota, Lilian	NE
4	Ngungu, Assarh & Tshili, Sitembinkosi	6
5	Malupande, Guiton & Mwanza, Christine	NE
6	Tembo, Tasila & Kantenga, Henry	10
7	Simwanza, Annah & Derrias	NE
8	Malokota, Oliver & Tupelo	NE
9	Mwale, Olipah & Nkumbula, Joseph	NE
10	Ngoshe, Deophister & Kasenge, Charles	NE

	ZIMBABWE	
1	Kunaka, Farai & Ideas	NE
2	Chingono, Gift	NE
3	Wairimu Gitu, Agnes	NE
4	Mashingaidze, Judith	NE
5	Chinyemba, Spiwe & Amon	NE
6	Dari, Shorai & Junica	NE
7	Kaliwo, Edith	NE
8	Krause, Kathleen & Hermanus	5
9	Magombo, Evi	NE
10	Motsi, Patience & Standreck	NE

NE = New Entry () = position held in previous month

Eagle Manager Training Meeting with our President, Gregg Maughan 17th November 2014

- 250 Managers in Attendance - Johannesburg



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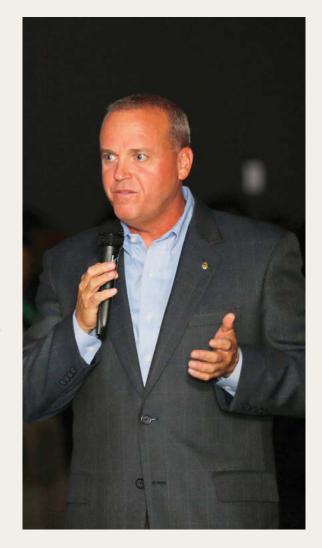


ome people get really excited when they start the Business, and they generate excitement and momentum.

Then they achieve Manager... They start to

Then they achieve Manager... They start to manage their group and forget about the basics, like sponsoring and what they did to get to Manager in the first place. As a result, sometimes when a Distributor reaches Manager level, they tend to go dormant. They therefore don't grow their businesses as much as they could do in order to achieve real success. They ask themselves 'how can I become more successful?' This is where the Eagle Manager Incentive comes in.'

Focusing on getting to Eagle Manager means that we now have a bridge from the position of Manager to the big Money





Every now and then, especially after the long holiday season, we all need a little extra boost. Our energy levels can fluctuate due to our food and lifestyle choices and the stressors we may face in our daily lives. Lack of exercise, junk food, inadequate sleep, a heavy work load can all impact our energy, and create a vicious cycle that further impairs our overall energy reserves. Plus, sometimes we just need an extra pickme-up to help us through the day.

En Argi

En-Argi™ gives you the support your body needs to keep energy levels at their peak and support the production of energy from the inside out. With the benefits of Forever Daily™, Forever Bee Pollen®, ARGI+®, FAB™ and FAB-X™, En-Argi™ helps support energy levels every single day throughout your busy life.

When you aren't eating the healthiest, Forever DailyTM provides the essential vitamins and minerals your cells and tissues need for optimal function every day. Even when you are eating a healthy diet, the nutrients in Forever DailyTM can help to optimize cellular function, because, let's face it, we simply aren't getting the levels of nutrients from our foods that we used to. Without these vitamins and minerals, our cells miss out on important building blocks and coenzymes for basic functions, which can leave us feeling tired and keep us from functioning at our best.

En-ArgiTM also includes Forever Bee Pollen® for additional nutritive support. Bee Pollen is a very complex food, comprised of protein, carbohydrates, fats, vitamins and minerals, enzymes and more. Scientists still have not fully decoded the exact composition of Bee Pollen, but they know that it is the food that provides them with energy and strength as they grow and mature, and that without it, bees could not survive. Forever Bee Pollen® provides an allnatural source of bee pollen collected straight from the beehive to help give you an extra boost of energy and enhanced stamina.

ARGI+™ helps to support the circulatory system – which helps transport vitamins, minerals and nutrients through your body to where they are needed for metabolic function and cellular energy! With high levels of L-Arginine, plus a unique blend of

nutrients and botanical extracts, ARGI+® supports the production of nitric oxide in the body. Nitric oxide, in turn, supports the function of our blood vessels, including microcirculation – the tiniest of blood vessels leading to cells and tissues. When your circulatory system is functioning optimally, your cells get the nutrients they need and waste products from normal cellular metabolism are able to be carried away and excreted. The result is a positive impact on your overall energy and wellbeing.

This trio of products in En-ArgiTM combines to ensure your body gets the nutrients and support it needs for overall health and keeps your energy levels up regardless of whatever your daily life throws at you.

When you still need an extra push to get through that big project at work, or to keep up with your children or grandchildren, En-ArgiTM also includes Forever Living's unique FABTM and FAB-XTM energy drinks!

These powerful FABTM formulas offer vitamins, amino acids and electrolytes, plus adaptogenic herbs to support energy levels and feelings of well-being throughout your day. In combination with natural Guarana extract, the adaptogenic blend in FABTM and FAB-XTM (a no-calorie, no-sugar, no-carbohydrate formula) help give you immediate energy without the jitters or "crash" that is often associated with typical energy drinks on the market.

En-Argi™ is designed to help support your busy lifestyle with the benefits of Forever Daily™, Forever Bee Pollen™, ARGI+™, FAB™ & FAB-X™ to give you important nutrients and the extra boost of energy you need to be your best!





Which is the right one? We help you to find out....



PERFECT SKINCARE ROUTINE CAN FEEL LIKE MISSION IMPOSSIBLE, and figuring out which products best suit your skin can be challenging. And, with skin changing and evolving over time, it's possible that your skincare routine should change with it. To create a skincare regime, it may be tempting to have one type of product from one brand and another

type of product from another, but this doesn't always allow the products to work in synergy to give a heightened appearance of health and radiance.

So, what are your options?

The Aloe Fleur de Jouvence Collection is a simple routine, working synergistically to create healthy, radiant-looking skin.

Aloe Fleur De Jouvence Collection

Step 1: **ALOE CLEANSER**

Step 1 uses a gentle pH and moisturebalanced, non-greasy lotion perfect for removing makeup and other impurities. The light, non-irritating formula, containing vitamin C and jojoba oil, can be used morning and night to cleanse the skin and unclog pores to leave it looking and feeling refreshed.

Step 2: **REHYDRATING TONER**

Step 2 is an alcohol-free toner helping to tone, condition, moisturise and balance the skin without losing any moisture. The non-drying formula contains aloe vera, witch hazel and collagen, to remove traces of dirt and oil whilst tightening pores.

Step 3: FIRMING DAY LOTION

Moving to step 3, this rich-in-vitamins,

hydrating moisturiser supports a healthylooking complexion and good skin structure. This product helps to maintain a youthful appearance with its blend of aloe, elastin and special moisturisers to tighten pores. Can also be used as a primer before applying makeup.

Step 4: **ALOE ACTIVATOR**

Step 4 uses a great moisturising and cleansing agent containing enzymes and amino acids. Blend with the Mask Powder to create a rejuvenating face mask, helping to remove dead skin cells and reveal radiant looking skin.

MASK POWDER

Step 5 includes an ultrafine powder with a unique combination of rich ingredients to smoothe, condition and cleanse the skin whilst renewing skin cells and accelerating new cell growth. Contains chamomile, perfect for

Step 6: **RECOVERING NIGHT CREME**

And finally, step 6 is a rich, velvety night cream used to replenish the skin and retain moisture. The addition of collagen helps to combat fine lines and wrinkles, and restores the skin to its vouthful appearance.

CREATE HEALTHY. RADIANT- LOOKING SKIN.

So, the Aloe Fleur De Jouvence Collection is great for many skin types, but what about anti-ageing technology?

This is where the Sonya Skincare Kit comes in.

Another skincare regime, the Sonya Skincare Kit has five signature products which combine the importance of cleansing, exfoliating, toning and moisturising, to leave you with beautiful, healthy-looking skin, utilising anti-ageing technology.

Step 1: **ALOE PURIFYING CLEANSER**

The first step uses a refreshing cleanser infused with aloe, lemon and cucumber extracts, designed to gently remove makeup and other impurities without drying the skin.

Step 2: ALOE DEEP-CLEANSING **EXFOLIATOR**

Step 2 has a gentle formula with aloe and natural jojoba beads to cleanse, moisturise and exfoliate. This product works to help remove dead skin cells, leaving your face feeling fresher, softer and smoother.

Step 3: **ALOE REFRESHING TONER**

Moving to step 3, the alcohol-free toner, with aloe, white tea and cucumber, refreshes and hydrates the skin. Use morning and night, after cleansing and exfoliating, to provide the skin with moisture.

ALOE NOURISHING SERUM

Step 4 is a lightweight serum that preserves and replenishes the skin's moisture to help maintain a youthful complexion. Contains aloe, white tea, mimosa bark extracts which protect the skin from free radical damage.

ALOE BALANCING CREAM

Finally, step 5, enriched with aloe, vitamin E and white tea, is a rich face cream to help restore and balance the skin's natural moisture to leave it feeling well hydrated. Makes way for a more radiant appearance.

Also available: Aloe Deep **Moisturizing Cream**

Also available is our Aloe Deep Moisturizing Cream which quenches your skin's thirst for moisture by



delivering moisture to the deeper layers of the skin. Contains pine bark extract which combats free radical damage

preserve and strengthen the skin's collagen, and retain a youthful-looking complexion.

"PRESERVES AND **REPLENISHES THE** SKIN'S MOISTURE TO HELP MAINTAIN **A YOUTHFUL COMPLEXION**"







CLEAN 9 is
a nine-day
program that
is designed to
cleanse your body
as well as start to
burn your excess fat.

After you have jump-started your body with CLEAN 9[™], FOREVER NUTRI-LEAN[™] will guide you down the path to weight maintenance and fitness habits that will last for the rest of your life.

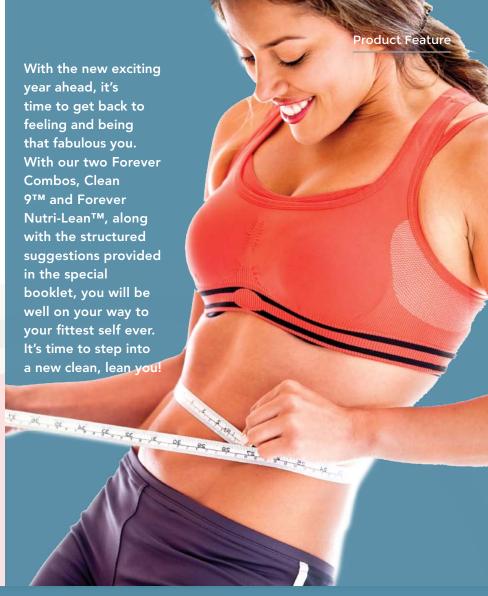
The **FIRST STEP** to a clean body is to cleanse and support your digestive system. Clean 9 provides you with the necessary tools to cleanse your body and put you on the path to a healthier you.

Clean 9™ includes:

Forever Aloe Vera Gel[™] (3), Forever Lite Ultra[™] with Aminotein[™] †† (1), Forever Garcinia Plus[™] (1), Forever Bee Pollen[™] (1), a shaker, tape measure, Clean 9 & Nutrilean Instruction booklet.

(Contents subject to change.)

†† Aminotein™ and Aminogen™ are registered trademarks of Triarco Industries, Aminogen™is protected by U.S. patent No. 5.387.422.



Elements of CLEAN 9



Forever Aloe Vera GelTM *

The miraculous Aloe leaf has been found to contain more than 75 nutrients, 200 active compounds, 20 minerals, 18 amino acids and 12 vitamins. Our gel is preferred by those looking to maintain a healthy digestive system and healthy energy level. Its the closest thing to drinking aloe straight from the leaf. (1 litre)

* Forever Aloe Vera Gel[™] can be substituted with Forever Aloe Berry Nectar or Forever Aloe Bits N' Peaches



Forever Bee PollenTM

Bee pollen contains trace amounts of easily absorbed vitamins C, D, E, K, betacarotene (vitamin A), B complex, minerals, enzymes, coenzymes, plant-source fatty acids (including all 8 essential acids). A boost to energy and stamina, Forever Bee Pollen can assist in maintaining a healthy circulatory, digestive, immune, and nervous system. (100 Tablets)



Forever Garcinia Plus™

The Garcinia Cambogia fruit contains a Hydroxycitric Acid (HCA), a compound which has been shown to reduce the body's conversion of carbohydrates into fats. Hydroxycitric acid also acts as a natural appetite suppressant. (70 Softgels)



Forever Lite UltraTM with AminoteinTM

Forever Lite Ultra[™] with Aminotein[™] †† is the perfect addition to your healthy Forever Living lifestyle. Forever Lite Ultra[™] with Aminotein[™] †† integrates new thinking with new technologies to help you maintain a healthy diet and lifestyle. Contains soy.

325 Chocolate | 324 Vanilla

†† Aminotein™ and Aminogen™ are registered trademarks of Triarco Industries, Aminogen™

Remember, always consult your doctor before starting this or any other diet or exercise program.

The statements contained herein have not been evaluated by the FDA. The products discussed are not intended to diagnose, mitigate, treat, cure or prevent a specific disease or class of diseases. You should consult your family physician if you are experiencing a medical problem.



CANCUN 2015 EAGLE MANAGERS RETREAT

The qualification period for the next Eagle Manager's Retreat ends April 30, 2015

Dont put off until tomorrow what you can achieve today. See you in Cancun



Qualify. How to qualify for EAGLE MANAGER INCENTIVE



Eagle Manager status must be earned each year by meeting the following requirements during the calendar year after qualifying as a Recognised Manager.

- Be Active and Leadership Bonus qualified every month.
- Accumulate at least 720 Total Case Credits, including at least 100 case credits from new, personally-sponsored downlines.
- Personally sponsor and develop at least 2 new Supervisor lines.
- Support local and regional meetings.



In addition to the requirements listed above, Senior Managers and above must also develop and maintain downline Eagle Managers, as outlined in the following schedule, in order to be considered an Eagle Manager. Each downline Eagle Manager must be in a separate sponsorship line and can be from any generation.

- Senior Manager:
 - 1 Downline Eagle Manager
- Soaring Manager:
 - 3 Downline Eagle Managers
- Sapphire Manager:
- 6 Downline Eagle Managers
- Diamond Sapphire Manager:
 10 Downline Eagle Managers

- **Diamond Manager:**
- 15 Downline Eagle Managers
- **Double Diamond Manager:**
- 25 Downline Eagle Managers
- **Triple Diamond Manager:**
- 35 Downline Eagle Managers
- **Centurion Diamond Manager:**
- 45 Downline Eagle Managers

Please contact the Operations Department at Head Office 021 761 6001 for any queries you may have

Cancun is a dynamic and vibrant city, famous for its ancient Mayan culture, miles of beautiful sunny beaches, water sports, luxury spa resorts and a quirky underwater museum.







2015 MONTH END DATES

	TUESDAY	SATURDAY	Z SATURDAY	Y TUESDAY
	30	31	28	
~	DEC 2014			31
	THURSDAY	JANUARY	FEBRUARY	MARCH
		SIII ORDAI	TUESDAY	FRIDAY
	30	30	30	31
ŀ	APRIL	MAY	JUNE	JULY
	MONDAY	WEDNESDAY	SATURDAY	MONDAY
45	31	30	31	30
TAZ	AUGUST	SEPTEMBER	OCTOBER	NOVEMBER
	EDNESDAY			
	30			
D:	ECEMBER			
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SOUTHERN AFRICA - 2015 FOREVER



SUCCESS DAYS

JHB, KZN, NELSPRUIT				
Month	Date	Region		
January	17	ЈНВ		
February	21	Nelspruit		
March	21	Durban		
April	25	ЈНВ		
May	23	Nelspruit		
June	20	Durban		
July	18	ЈНВ		
August	22	Nelspruit		
September	19	Durban		
October	24	ЈНВ		
November	21	Nelspruit		
December	19	Durban		

CAPE TOWN

Month	Date	Region
January	17	Wynberg
March	14	Wynberg
May	16	Wynberg
July	25	Wynberg
September	26	Wynberg
November	14	Wynberg

ZIMBABWE, ZAMBIA & NAMIBIA

Month	Zimbabwe	Zambia	Namibia
January	17	17	17
March	14	14	14
May	16	16	16
July	25	25	25
September	26	26	26
November	14	14	14

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Forever Living Products South Africa shared a link.

http://www.flipsnack.com/988EAE86AED/flp-southern-africa-product-catalogue-v12.html



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GLOBAL RALLY
FOREVE

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Forever December Month

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FLP Southern Africa Mag arise base 9 to 10 to 10

Want to flip some more? Have a look at our previous issues.

Instead of emailing your customers the Product Catalogue or Global Rally Magazine why not give them the link instead -so they can flip away and enjoy it too!

Product Catalogue

http://www.flipsnack.com/988EAE86AED/flp-global-rally-2014.html

Global Rally Magazine

http://www.flipsnack.com/988EAE86AED/flp-southern-africa-product-catalogue-v12.html



Margaret Ross
Operations
Manager

"If you are ever unsure of the Company's Rules and Regulations or Policies, please refer to the Company Policy Booklet which is available at any of our product centres. or online at www.foreverliving.com"

Internet Policies

17.10 Internet Policies.



- (a) Selling Products Online. Each
 - Independent Distributor will be offered the opportunity to purchase a Company-approved Independent Distributor website, FLP360, for marketing products online using a direct link to the Company's Webstore at www.foreverliving.com. Online orders will be fulfilled directly by the Company on this website. This internet link is arranged so that the FLP pages will remain within the Independent Distributor's website. The guests virtually never leave the Distributor's website. In order to maintain the integrity of FLP's brand name, product line and the Distributor/ Customer relationship, a Distributor is prohibited from selling any FLP brand products online through his or her independent website. E-Commerce sales can only be made directly by or through a link to the official Company Webstore at www.foreverliving.com.
- (b) Sponsoring Distributors online via an electronic signature application or online form is prohibited outside of the direct application or link to the official Company website at www.foreverliving.com.
 - (Southern Africa does not yet have this facility, we hope to have it in the not too distant future).



(c) Independent Distributor websites marketing and promoting the products or business opportunity, without online sales or sponsoring, are permitted so long as they comply with or are modified to comply with Company Policies.



- Distributors may not use the name "Forever Living Products" or any of its trademarks, trade names, product names, domain name (URL) or copy or use any Company materials from any source that may result in misleading or confusing the user into thinking the Distributor's website is that of the Company or any of its official affiliates. FLP product names are strictly proprietary to the Company and cannot be used by any Distributor as a sponsored link or for any other unauthorized use. An individual Distributor website must clearly indicate that it represents an independent FLP Distributor who is not an agent of the Company or any of its worldwide affiliates.
- (e) Distributors must link their websites to the Company's official website created and maintained by the Company at www.foreverliving.com.
- (f) All independent Distributor websites must reflect and connect only to companies or products that carry the FLP label and be of good moral content.
- (g) Electronic Advertising. Independent
 Distributor websites that have been approved



by the Company, or are as part of an online banner or display ads that conform to the Company's advertising guidelines and have

been approved by the Company, will be allowed. Online banners or display ads must be submitted to the Company for approval prior to posting online and must link a user to the Company website or an independent Distributor website that has been approved by the Company. All electronic advertising is subject to and controlled by the Company Policies relating to advertising and promotional guidelines.

YOUR HEALTH AND WEALTH MONTHLY MAGAZINE

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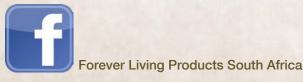
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You love the benefits of Forever Aloe Vera Gel™, and you love the sweet, exotic taste of Forever Pomesteen Power™. We've taken the best of both drinks and combined them into a single-serving, convenient foil pouch!

306 | Forever Freedom2Go™ (box of 30)

Enjoy all the benefits of Forever Freedom™ combined with the exotic flavour of Pomegranate, in a convenient, easy-to-carry pouch. Just grab, tear open, and drink in the tasty benefits of Forever Freedom2Go™

* Contains shellfish (shrimp, crab lobster.)

For more in-depth information please consult the PRODUCT MANUAL available from your product centre