

# FOREVER

🇿🇦 SOUTH AFRICA 🇳🇦 NAMIBIA 🇿🇲 ZAMBIA 🇿🇼 ZIMBABWE

Feb 2015 | Issue 94

## CELEBRATE

**2015 Global Rally  
Qualifiers**

**2015 Chairman's Bonus  
Qualifiers**

**2015 Executive  
Committee**

**New  
Range of  
Forever  
Products**

**Get 1 Free  
FAB Mug with your  
En-Argi™ Pack**

**South Africa  
Only  
While Stocks  
Last**







# CANCUN 2015 EAGLE MANAGERS RETREAT

**A goal is a dream  
with a deadline.**

**Make Cancun your dream.**

Qualification for the 2015 Eagle Managers  
Retreat is fast approaching.  
It's time to get moving.

[www.discoverforever.com](http://www.discoverforever.com)



FOREVER

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MARGARET ROSS



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ISSUE 93 - CODE #1614



ISSUE 92

## A PUBLICATION OF FOREVER LIVING PRODUCTS - SOUTH AFRICA

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# 2015 is HERE!

**W**OW, 2014 was a fantastic year for Forever, but it went by so fast. I hope that you all achieved what you were working towards. Maybe it was a new Pin position, Eagle Manager, Global Rally or even a Chairman's Bonus check? Or, you achieved a personal best or a fitness goal with our great new F.I.T program. I love to see your stories and pictures of success on our Facebook pages. So many of you are changing your lives for the better. You are living in better homes, driving nicer cars and finding financial freedom. It is wonderful to be part of this global phenomenon that we call FOREVER.

## **Never give up**

I also recognize that for some, 2014 was a tough year. There was too much conflict, incidents and accidents around the world that I know affected the lives of many of our Distributors. There isn't a day that goes by that we are not conscious of the challenges that you face. If 2014, was not the year you were looking for, stay strong, stay the course, and keep fighting to achieve your goals. Do not give up. You know that there is always sunlight above the clouds, and all trials are temporary. Forever will not let you down. We are committed to making our Company the very best it can be, and we want you to be part of that journey of success.

## **Be an inspiration**

I once heard it said that there are two sides to every story, yours and the right one! This expression is the inspiration for me sharing the following anecdote with you. Forgive me if you have read it before, but I think it is so powerful for us as motivators of people. The ability to recognize that we all have areas that need improving, and none of us are perfect, is a key component in the ability to empathize and then to inspire.

A young successful couple filled with brashness of youth, moved into a upper class neighborhood. Next door lived an elderly widow. Each morning the widow would hand wash her clothes and place them on a line outside to

dry in the sunshine. Each morning the young wife would complain about the clothes blocking her view and question why, in this modern world, anyone would hand wash clothes. She even began to complain about the fact that the clothes were dirty.

"I think I need to show that old lady how to wash her clothes. It is disgusting that dirty clothes are all I see in the mornings!" she'd complain, "Maybe she needs to spend some money on a better detergent or even a washing machine!"

Her husband looked on, but remained silent.

Sometime later the young woman was surprised to see nice clean clothes hanging on the line.

"Look, she has learned how to wash correctly!" she announced to her husband.

The husband finally responded "Actually, I woke up early this morning and washed your windows, the clothes were clean, it was your windows that were dirty!"

## **See others point of view**

And so it is with life. More often than not we need to clean our windows before we judge another!

I am confident that as we work on trying to see things from other's point of view, we will be able to separate ourselves from them, and create an environment where people want to be involved, thereby building our businesses. Make it a wonderful 2015!

Forever Yours,



**Rex Maughan**

Chairman of the Board & CEO

**The ability to recognize that we all have areas that need improving, and none of us are perfect, is a key component in the ability to empathize and then to inspire.**



# How do you Spell **SUCCESS?**

**S** Select your Goal  
**U** Unlock your personal potential  
**C** Commit yourself to your Plan  
**C** Chart your course  
**E** Expect challenges, but be determined to overcome them  
**S** Stand firm on your commitment  
**S** Success is measured in metres and not kilometres (one step at a time)

## **REAL SUCCESS**

**To succeed, you need only 4 things.  
You can remember them by thinking of the word "REAL"**

- **Relationships** - The greatest skill needed for success is the ability to get along with other people. Your relationships make you or break you.
- **Equipping** - One of the greatest lessons learned in life is that those closest to you determine the level of your success. If your dreams are great, you achieve them only with a Team.
- **Attitude** - People's attitudes determine how they approach life day-to-day. Your Attitude, more than your Aptitude, will determine your Attitude.
- **Leadership** - If you desire to excel in your personal effectiveness, the only way to do this is to increase your Leadership Skills.

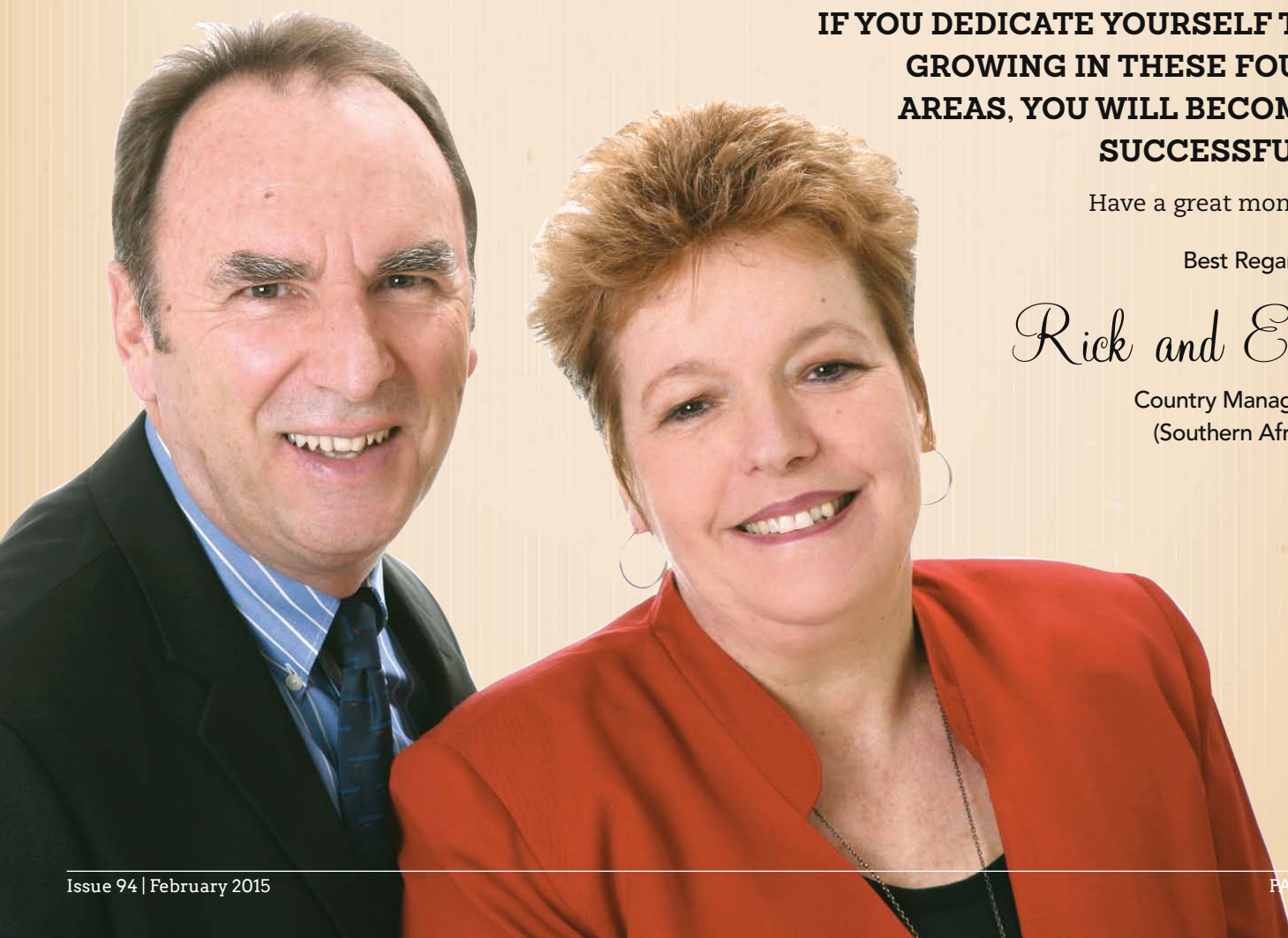
**IF YOU DEDICATE YOURSELF TO  
GROWING IN THESE FOUR  
AREAS, YOU WILL BECOME  
SUCCESSFUL!**

Have a great month!

Best Regards,

*Rick and Eve*

Country Managers  
(Southern Africa)





# On The Move

DISTRIBUTOR MOVE UPS - DECEMBER 2014



## SAPPHIRE MANAGERS

DECEMBER 2014



Lindiwe & Sphiwe Sibiya • Kwa-Zulu Natal



## SOARING MANAGERS

DECEMBER 2014



Wilbard Kandjeke & Saride Itamalo • Namibia





# SENIOR MANAGERS

DECEMBER 2014



Senanya & Mfundise Sethulu • Gauteng



Florence & Jeremiah Gowora • Zimbabwe



# MANAGERS

DECEMBER 2014

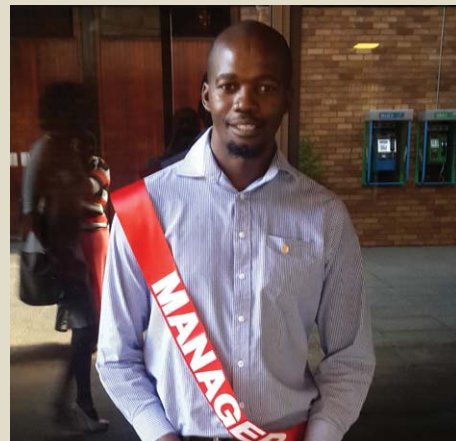
*Achieved by reaching 120 CCs in 1 or over 2 consecutive months  
(full details in Company Policy)*



Bongiwe & Siyanda Macatsha • Kwa-Zulu Natal



Makwe & Norah Maodi • Gauteng



Jonathan Matila • Gauteng



Ricardo Vilanculo & Julia Mabuto  
Mozambique



Ndemuwanifa Nashivela • Namibia



Janet Mhlanga & Lovemore Mandinyenya  
Zimbabwe





# MANAGERS

DECEMBER 2014

*Achieved by reaching 120 CCs in 1 or over 2 consecutive months  
(full details in Company Policy)*



Fatima Faquir & Issac Uchaio • Mozambique

## SOUTH AFRICA

Cindi, Hilda & Zephried • Kwa-Zulu Natal

Masinga, Zomusa • Kwa-Zulu Natal

Nkosi, Thoko • Mpumalanga

## NAMIBIA

Haludilu, Johanna & Erastus

Nauta, Erasmus & Rauna

Shindongo, Saima



# ASSISTANT MANAGERS

*Achieved by reaching 75 CCs  
in 1 or over 2 consecutive months  
(full details in Company Policy)*

DECEMBER 2014

## SOUTH AFRICA

Tyolo, Nontlahla & Linda • Eastern Cape

Monamodi, Masego & Kopano • Gauteng

Raborifi, Irene Mary & Abel • Gauteng

Thankge, Bathi & Clarah • Gauteng

Thankge, Tebogo & Neo • Gauteng

Nsisane, Kayakazi • Kwa-Zulu Natal

Mathebula, Dainah & Mzamani • Limpopo

## MOZAMBIQUE

Matsinhe, Alfredo

## NAMIBIA

Ananias, Albertina

Iifo, Hertha

Ilonga, Loide

Iyambo, Hilma

Munghudi, Daniel & Loise

## ZIMBABWE

Mpayah, Aileen & Simon



# SUPERVISORS

*Achieved by reaching 25 CCs  
in 1 or over 2 consecutive months  
(full details in Company Policy)*

DECEMBER 2014

## SOUTH AFRICA

Magqupu, Zandisile & Phindiwe • Eastern Cape

Mqhakama, Beauty • Eastern Cape

Ngxavulana, Nonzame • Eastern Cape

Notwane, Nomaderi • Eastern Cape

Agalo, Desalegn & Ergano, Birtukan • Gauteng

Albertyn, Chantelle & Peet • Gauteng

Baloyi, Kagiso • Gauteng

Buthelezi, Hlengiwe • Gauteng

Chauke, Mashwapane • Gauteng

Dube, Maureen & Thabani • Gauteng

Gqadu, Edwin • Gauteng

Gqoba, Vusumzi & Dhlamini, Lindi • Gauteng

Gumede, Jabulani • Gauteng





# SUPERVISORS

Achieved by reaching 25 CCs  
in 1 or over 2 consecutive months  
(full details in Company Policy)

DECEMBER 2014

Kubheka, Nteboheleng • Gauteng  
Lephoto, Pheello • Gauteng  
Letsoalo, Makhosazana • Gauteng  
Letsoela, Thandi & Simon • Gauteng  
Maboya, Leona • Gauteng  
Madondo, Desering • Gauteng  
Make, Maria • Gauteng  
Makeketlane, Reatlegile • Gauteng  
Makola, Rakgomo & Kate • Gauteng  
Manasoe, Keitumetse • Gauteng  
Manyatsa, Refiloe • Gauteng  
Masemola, Princess & Aubrey • Gauteng  
Mashele, Drenah • Gauteng  
Mathe, Plastus • Gauteng  
Mbovane, Nozanzile & Mthobeli • Gauteng  
Mdlalose, Cynthia • Gauteng  
Mentoor, Mampilang • Gauteng  
Mfoloe, Goitseman • Gauteng  
Mhlongacala, Annah & Petrus • Gauteng  
Mlangeni, Margaret & Zwane, Joseph • Gauteng  
Mlenze, Mamela • Gauteng  
Mohapi, Paeae & Maieane • Gauteng  
Molefe, Antoinette • Gauteng  
Molekwa, Moipone • Gauteng  
Montswagae, Winnifred & Montshiwagae, Petros • Gauteng  
Moroka, Disele & Motsewakgang • Gauteng  
Moses, Vuyiswa • Gauteng  
Moumakoe, Mane & Dunston • Gauteng  
Moyo, Albert • Gauteng  
Msiza, Khesekhile & Skosana, George • Gauteng  
Mthethwa, Moses • Gauteng  
Ndlovu, Recardo • Gauteng  
Ndlovu, Simiso & Mareletse, Lrkoba • Gauteng  
Ngwenyama, Nomsa • Gauteng  
Nkhumishe, Mmatlhotse • Gauteng  
Raborifi, Gabaiphiwe • Gauteng  
Rasebotsa, Serothole • Gauteng  
Seleke, Sannah • Gauteng  
Silawule, Eunice & Shabangu, Bongani • Gauteng  
Stols, Debbie & Gideon • Gauteng

Thokoane, Domenic • Gauteng  
Tshwane, Moses & Esther • Gauteng  
Van Eeden, Cathleen & Nel, Hendrik • Gauteng  
Bati, Andiswa & Macatsha, Mzukisi • Kwa-Zulu Natal  
Guntu, Ncediswa • Kwa-Zulu Natal  
Gusha, Nozuko • Kwa-Zulu Natal  
Mabele, Mgamule & Mabele, Deliwe • Kwa-Zulu Natal  
Maseko, Clemencia • Kwa-Zulu Natal  
Mtolo, Sibonile & Mandlenkosi • Kwa-Zulu Natal  
Sinqadu, Thobekile & Zolile • Kwa-Zulu Natal  
Mabasa, Vusiwana • Limpopo  
Malete, Johannah • Limpopo  
Masingi, Rhabela • Limpopo  
Khoza, Ntombi • Mpumalanga  
Moepi, Mmaselo & Bosame • Mpumalanga  
Kekana, Semakaleng • North West

## MOZAMBIQUE

Boca, Isac & Huo, Anastacia  
Castelo, Leonor & Taudo, Matano  
Chauque, Reginaldo  
Chawane, Adelia  
Mathe, Ester & Machaieie, Luis  
Matsinhe, Suzete & Mario, Joao  
Nhatsave, Custodio & Artimiza  
Ubisse, Antonio & Macamo, Rosalina

## NAMIBIA

Amupolo, Kristina & Junias, Hiskia  
Dickson, Tiberius  
Ekandjo, Augusta & Ekandjo, Isak  
Haludilu, Rauha & Kenneth  
Nakuatumba, Vistorina  
Tshivute, Tshivolo  
Uushona, Abraham & Haufiku, Sesilia

## ZAMBIA

Goma, John & Katuna

## ZIMBABWE

Makawa, Feluna & Robert  
Mpayah, Aubrey  
Muwori, Aquillina





# BE PART OF THE ELITE

# 100 CLUB

This incentive is based on Personal and Non-Manager case credits and, for your efforts as Teambuilders, you will receive the following:-

## Level 1



These Distributors will receive a **GOLD “100 CLUB” PIN**

100 PERSONAL AND NON-MANAGER CASE CREDITS FOR **3 CONSECUTIVE MONTHS**

**October - December 2014**



**Matsatsi Ngwenya**  
**GAUTENG**

## Level 2

These Distributors will receive a **WEEKEND AWAY** at a selected resort

100 PERSONAL AND NON-MANAGER CASE CREDITS FOR **6 CONSECUTIVE MONTHS**

## Level 3

These Distributors will receive a **WEEK AWAY** at a selected resort

100 PERSONAL AND NON-MANAGER CASE CREDITS FOR **12 CONSECUTIVE MONTHS**

Joining the “100 Club” should be the ambition of every Manager. It shows that you are in “building mode” and not “cruising mode”. It also means that you will soon be achieving your dreams and goals.

**Achieve your goals, live your dreams ...**



# FOREVER2DRIVE

## Are you Ready for your Keys?

Join many of our Distributors who have benefited from our FOREVER2DRIVE INCENTIVE! This INCENTIVE BONUS gives you the freedom and financial confidence to improve your lifestyle.

**DECEMBER 2014**



Level 3 - R8 400 pm  
Bekinkosi & Lungile Mbuyisa  
KWA-ZULU NATAL



LEVEL 1 - R4 200 pm  
Ulania Shindodi & Joel Melele  
NAMIBIA



LEVEL 1 - R4 200 pm  
Nelton Uchaio  
MOZAMBIQUE

Earn an additional R4 200 - R8 400 per month for 36 months (refer to Company Policy)



# 2015 SOUTHERN AFRICA Executive

THE EXECUTIVE COMMITTEE IS A GROUP OF ACHIEVERS AND LEADERS  
IN SOUTHERN AFRICA WHO REPRESENT THE COMPANY IN THE VARIOUS AREAS



ANNATJIE & RON BROUWER  
GAUTENG



SUE & PEET DU PREEZ  
GAUTENG



ERIC & SYLVIA PHANGA  
GAUTENG



LOOKY & ENOS MATSHETE  
GAUTENG



NQOBILE PHAKATHI & PERCY MSELEKU  
KWA-ZULU NATAL





# 2015 SOUTHERN AFRICA Committee



THE EXECUTIVE COMMITTEE IS A GROUP OF ACHIEVERS AND LEADERS  
IN SOUTHERN AFRICA WHO REPRESENT THE COMPANY IN THE VARIOUS AREAS



**HILDA NOMVETE**  
**KWA-ZULU NATAL**



**THANDI GININDA**  
**MPUMALANGA**



**PRINCESS & WILLIAM BRUHEIM**  
**MPUMALANGA**



**ANNA & KARL NDOROMA**  
**NAMIBIA**



**REGINA & JASON SHIKONGO**  
**NAMIBIA**







# Executive Committee

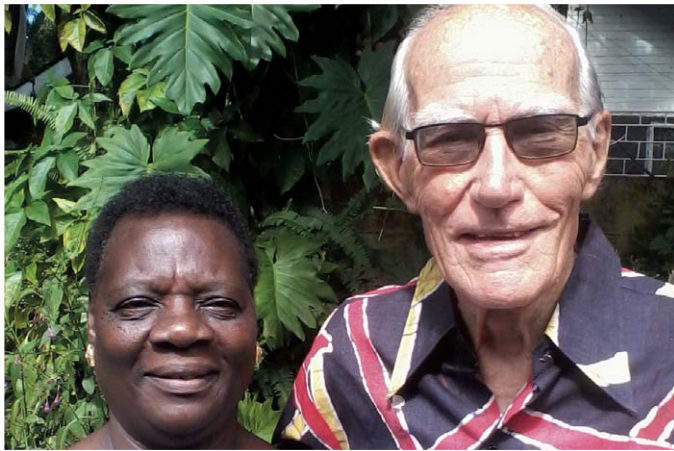
THE EXECUTIVE COMMITTEE IS A GROUP OF ACHIEVERS AND LEADERS IN SOUTHERN AFRICA WHO REPRESENT THE COMPANY IN THE VARIOUS AREAS



WEZI SUNKUTU  
ZAMBIA



MILDRED & MLOTHA DAMASEKE  
ZAMBIA



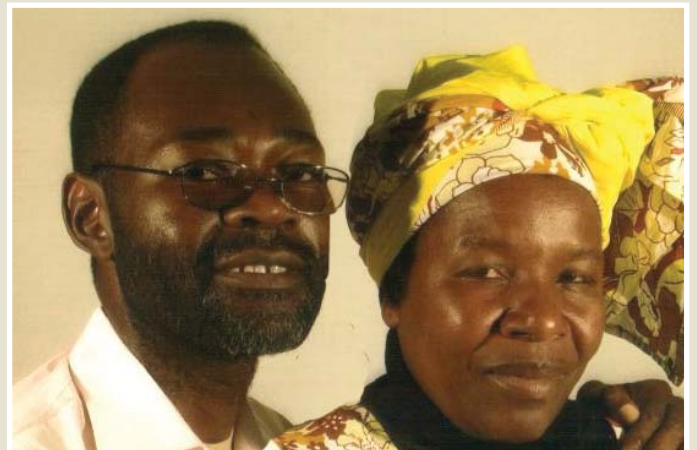
EVA & MURRAY SANDERSON  
COPPERBELT, ZAMBIA



SAWMAN MACHAKAIRE & MARY AKULLO  
ZIMBABWE



ZIVAI AND TAFARA MATONDO  
ZIMBABWE



BARBARA & BATSIRAI NYAKUVAMBWA  
ZIMBABWE



## A very exciting Success Day was held in Johannesburg on the 17th of January.

There was excellent Product Training by Sue Du Preez (Soaring Manager) and Business Training by Rick Beeton (Country Manager). Our Guest Speaker for the day was Hilda Nomvete (Sapphire Manager) from KZN. Distributors at every Level of the Marketing Plan were recognized. Of the many Supervisors who were recognized, we had a 19 year old and a 78 year old! This once again proved that FOREVER is for anyone who is prepared to work and put in the effort, regardless of age! What an incredible Opportunity FOREVER offers.

The Opportunity has touched the lives of thousands of people in Southern Africa and it can do the same for you!





# ACHIEVER'S CLUB SOUTHERN AFRICA 100 CASE CREDITS AND ABOVE

*This is a total of Personal and Non-Manager case credits that an individual has achieved for the month.*

## SOUTH AFRICA

- |    |                              |     |
|----|------------------------------|-----|
| 1  | Nkele, Nthabiseng & Joseph   | (2) |
| 2  | Dlamini, Nomvuyo & Freedom   | (1) |
| 3  | Biyela, Thabani & Nombuso    | (1) |
| 4  | Gininda, Thandi              | (2) |
| 5  | Machaieie, Soares & Lurdes   | (2) |
| 6  | Ngwenya, Matsatsi            | (6) |
| 7  | Macatsha, Bongwiwe & Siyanda | (1) |
| 8  | Simelane, Gugulethu          | (4) |
| 9  | Sethulu, Senanya & Mfundise  | (1) |
| 10 | Uchaio, Nelton               | (1) |
| 11 | Matshete, Looky & Enos       | (2) |
| 12 | Cuna, Nico & Ndlovu, Florah  | (5) |

DECEMBER 2014

Make your  
Dreams a Reality

## NAMIBIA

- |   |                                      |     |
|---|--------------------------------------|-----|
| 1 | Kenatuka, Shaanika & Kapia, Fredrika | (2) |
| 2 | Kapia, Rauha & Kapewasha, Karel      | (1) |
| 3 | Tshivute, Blasius & Eunice           | (1) |
| 4 | Shindongo, Saima                     | (1) |
| 5 | Shindodi, Ulania & Melele, Joel      | (1) |
| 6 | Kandjeke, Wilbard & Itamalo, Saride  | (2) |

## ZAMBIA

- |   |                            |      |
|---|----------------------------|------|
| 1 | Damaseke, Mildred & Mlotha | (11) |
|---|----------------------------|------|

*The number in brackets indicates how many times these Distributors have appeared in the 100cc ACHIEVERS CLUB IN 2014*



# En-Argi™

For Life

Get 1 Free  
FAB Mug with your  
En-Argi™ Pack  
South Africa Only  
While Stocks  
Last



## 460 | En-Argi™

We all need a boost of energy. Whether it's occasionally when life gets hectic, or daily for a hectic life.

En-Argi™ provides four fantastic formulas that support nutrient levels to power you through your day. En-Argi™... For Life.

En-Argi™ contains 1 Forever Bee Pollen®, 2 FAB Forever Active Boost®, 2 FABX Forever Active Boost™, 1 Forever Daily™, 1 ARGi+® with scoop.

The statements contained herein have not been evaluated by the FDA. The products discussed are not intended to diagnose, mitigate, treat, cure, or prevent a specific disease or class of diseases. You should consult your family physician if you are experiencing a medical problem.

Issue 94 | February 2015

# En-Argi™

For Life



# TOP 10 TEN

DECEMBER 2014

## DISTRIBUTORS

'Total case credits for you and your entire team for the year to date'

### SOUTH AFRICA

1	Phanga, Eric & Sylvia	1
2	Biyela, Thabani & Nombuso	2
3	Mbatha, Gabisile & Bhekisisa	3
4	Nomvete, Hilda	4
5	Gininda, Thandi	5
6	Mlangeni, Nombuso	6
7	Masondo, Siyabonga	7
8	Du Preez, Sue & Peet	8
9	Dube, Thulani & Bongekile	9
10	Sibeko, Sipiwe & Mihloti	10

### NAMIBIA

1	Ndoroma, Anna & Karl	1
2	Shilunga, Kornelia & Orestus	2
3	Shikongo, Regina & Jason	3
4	Shindodi, Ulania & Melele, Joel	4
5	Kandjeke, Wilbard & Itamalo, Saride	5
6	Shimbulu, Rosalia & Shiimi, Linus	6
7	Tshivute, Blasius & Eunice	8
8	Shikesho, Aune	7
9	Mushona, Esther	9
10	Nghipona, Rachel	10

## TEAM BUILDERS

'Your Personal and Non-Manager case credits for the month'

### SOUTH AFRICA

1	Nkele, Nthabiseng & Joseph	NE
2	Dlamini, Nomvuyo & Freedom	NE
3	Biyela, Thabani & Nombuso	NE
4	Gininda, Thandi	1
5	Machaieie, Soares & Lurdes	NE
6	Ngwenya, Matsatsi	NE
7	Macatsha, Bongiwe & Siyanda	NE
8	Simelane, Gugulethu	7
9	Sethulu, Senanya & Mfundise	NE
10	Uchaio, Nelton	NE

### NAMIBIA

1	Kenatuka, Shaanika & Kapia, Fredrika	1
2	Kapia, Rauha & Kapewasha, Karel	NE
3	Tshivute, Blasius & Eunice	NE
4	Shindongo, Saima	NE
5	Shindodi, Ulania & Melele, Joel	NE
6	Kandjeke, Wilbard & Itamalo, Saride	6
7	Nauta, Erasmus & Rauna	NE
8	Ndoroma, Anna & Karl	NE
9	Nashivela, Ndemuwanifa	NE
10	Tshivute, Tshivolo	NE

## RECRUITERS

Most New Distributors recruited

### SOUTH AFRICA

1	Sinqadu, Thobekile & Zolile	NE
2	Maphalala, Busisiwe	NE
3	Kalima, Justin & Edna	2
4	Masemola, Princess & Aubrey	NE
5	Mahlake, Frans & Mamochaena	NE
6	Daniels, Lana	NE
7	Ngwenyama, Nomsa	NE
8	Maphalala, Nokuthula	NE
9	Skosana, Ingrid	NE
10	Makinta, Mathebe	NE

### NAMIBIA

1	Ndoroma, Anna & Karl	NE
2	Kahango, Maano	NE
3	Ashipala, Johana & Johannes	NE
4	Amoomo, Esther	NE
5	Ndeshitiwa, Johanna & Nghitaunapo, Nelson	NE
6	Hangula, Ester	NE
7	Romanus, Bertha & Kapia, Petrus	NE
8	Amutenya, Mwenyo & Fredrika	NE
9	Iintamba, Aina & Stevefanus, Johannes	NE
10	Negumbo, Aurelia & Petrus, Frans	NE

NE = New Entry ( ) = position held in previous month



# TOP 10 TEN

DECEMBER 2014

## DISTRIBUTORS

'Total case credits for you and your entire team for the year to date'

### ZAMBIA

1	Damaseke, Mildred & Mlotha	1
2	Tembo, Tasila & Kantenga, Henry	2
3	Sichula, Philimon & Mugamya, Patricia	3
4	Chinyama, Caroline & Ngombe, Masauso	4
5	Sunkutu, Wezi	5
6	Mwimanzi, Thomax & Helena	7
7	Serra, Elizabeth & John	6
8	Sanderson, Eva & Murray	8
9	Muchemwa, Violet & Albert	9
10	Sobongo, Catherine & Sekwele, Marcus	10

### ZIMBABWE

1	Gumbo, Tsungai & Paradzai	1
2	Matondo, Zivai & Tafara	2
3	Rich, Elaine & Roland	3
4	Dube, Kudakwashe &, Bekithemba	4
5	Dari, Shorai & Junica	5
6	Tapfumaneyi, Sehlile & Memory	6
7	Nyakuvambwa, Barbara & Batsirai	8
8	Machakaire, Sawman & Akullo, Mary	7
9	Ndirangu, Dionisa & Kabare	9
10	Stodart, Tracey & Alan	10

## TEAM BUILDERS

'Your Personal and Non-Manager case credits for the month'

### ZAMBIA

1	Damaseke, Mildred & Mlotha	1
2	Sunkutu, Wezi	2
3	Ngungu, Assarh & Tshili, Sitembinkosi	4
4	Sobongo, Catherine & Sekwele, Marcus	10
5	Tembo, Tasila & Kantenga, Henry	3
6	Sanderson, Eva & Murray	6
7	Sundano, Wakumelo	7
8	Muchemwa, Violet & Albert	5
9	Serra, Elizabeth & John	8
10	Mwenya, Evaristo & Ruth	NE

### ZIMBABWE

1	Nyakuvambwa, Barbara & Batsirai	5
2	Gowora, Florence & Jeremiah	1
3	Mhlanga, Janet & Mandinyenya, Lovemore	3
4	Gomes, Dolores & Mario	2
5	Murombwi, Edmore & Hope	7
6	Ndirangu, Dionisa & Kabare	NE
7	Matondo, Zivai & Tafara	NE
8	Kativhu, Tendai & Tatenda,	8
9	Machakaire, Sawman & Akullo, Mary	NE
10	Rich, Elaine & Roland	9

## RECRUITERS

Most New Distributors recruited

### ZAMBIA

1	Banda, Joseph & Chimenge, Joyce	5
2	Mulenga, Peter & Doreen	NE
3	Mwanamuyumu, Kelvin & Kaputo, Mary	NE
4	Mulopa, Beatrice	NE
5	Kolala, Florence	NE
6	Sekeleti Likonge, & Likonge, Hastings	NE
7	Ngungu, Assarh & Tshili, Sitembinkosi	NE
8	Damaseke, Mildred & Mlotha	9
9	Mwenya, Evaristo & Ruth	NE
10	Chisha, Charles & Grace	NE

### ZIMBABWE

1	Wairimu Gitu, Agnes	NE
2	Gwitima, Matilda	NE
3	Singano, Spiwe & Richard	NE
4	Muriva, Naomi & Mpfu, Collen	NE
5	Krause, Kathleen & Hermanus	NE
6	Mativenga, Nyengeterai & Mutabeni	NE
7	Mlalazi, Sekesai & Posani	NE
8	Mavimira, Tibora	NE
9	Nyakuvambwa, Barbara & Batsirai	NE
10	Kanjedzana, Diana & Mpfu, Douglas	NE

NE = New Entry ( ) = position held in previous month



## CHAIRMAN'S BONUS

# 2015 QUALIFIERS

### LEVEL 3

---

- ERIC & SYLVIA PHANGA

### LEVEL 2

---

- BEKINKOSI & LUNGILE MBUYISA
- THABANI & NOMBUSO BIYELA
- ANNA & KARL NDOROMA (NAMIBIA)

### LEVEL 1

---

- NOMVUYO & FREEDOM DLAMINI
- REGINA & JASON SHIKONGO  
(NAMIBIA)
- HILDA NOMVETE
- GABISILE & BHEKISISA MBATHA
- ANNATJIE & RONALD BROUWER
- THANDI GININDA





## CHAIRMAN'S BONUS



# 2015 QUALIFIERS

### LEVEL 1 CONT.

- SIPHIWE & MIHLOTI SIBEKO
- LOOKY & ENOS MATSHETE
- TSUNGAI & PARADZAI GUMBO (ZIMBABWE)
- NQOBILE PHAKATHI & PERCY MSELEKU
- MATSATSI NGWENYA
- NICO CUNA & FLORAH NDLOVU
- THOBEKA THUSI & PETRUS MABANGA
- DIKELEDI & QHEKU TSOTETSI
- MILDRED & MLOTHA DAMASEKE (ZAMBIA)
- CHRISTOFFAL & CHRISTINE JANSEN
- PALESA & PAUL MSIBI
- ULANIA SHINDODI & JOEL MELELE (NAMIBIA)
- NOZIPHO & TEBOGO MOLEELE
- BHEKI MABASO & SIBONOKUHLE FANI
- RAYMOND & SENGITHULE SEGODI
- ANA MARIA & BARTOLOMEU UNCHAI
- WILBARD KANDJEKE & SARIDE ITAMALO (NAMIBIA)
- NTHABISENG & JOSEPH NKELE
- MATHEBE MAKINTA
- BARBARA & BATSIRAI NYAKUVAMBWA (ZIMBABWE)
- BLASIUS & EUNICE TSHIVUTE (NAMIBIA)
- BUSISIWE NHLEBEYA

# CONGRATULATIONS! YOU DID IT!



## South Africa

Eric & Sylvia Phanga  
Thabani & Nombuso Biyela  
Gabisile & Bhekisisa Mbatha  
Siyabonga Masondo  
Looky & Enos Matshete  
Hilda Nomvete  
Sue & Peet Du Preez  
Thandi Gininda  
Nombuso Mlangeni  
Thulani & Bongekile Dube  
Siphiwe & Mhloti Sibeko  
Bekinkosi & Lungile Mbuyisa  
Mandlakayise & Mavis Cebekhulu  
Nomalanga Damane

Nomvuyo & Freedom Dlamini  
Michael & Rosemary Sibanda  
Margaret Nong & Jack Nkhabelane  
Bridgette & Mogondeleli Nedzivhani  
Christoffal & Christine Jansen  
Matsatsi Ngwenya  
Mary & Nzondelelo Mngadi  
Hemilton & Monicca Ndlovu  
Nqobile Phakathi & Percy Mseleku  
Nico Cuna & Florah Ndlovu  
Palesa & Paul Msibi  
Roslyn Gourlay  
Annatjie & Ronald Brouwer  
Lindiwe & Sphiwe Sibiya  
Thobeka Thusi & Petrus Mabanga  
Nozipho & Tebogo Moleele  
Dikeledi & Qheku Tsotetsi  
Cornelia Hlope  
Delly & Khalesakhe Gasela





# 2015 Global Rally Qualifiers

## Namibia

Anna & Karl Ndoroma (Namibia)  
Kornelia & Orestus Shilunga (Namibia)  
Regina & Jason Shikongo (Namibia)  
Ulania Shindodi & Joel Melele (Namibia)

## Zambia

Mildred & Mlotha Damaseke (Zambia)  
Tasila Tembo & Henry Kantenga (Zambia)

## Zimbabwe

Tsungai & Paradzai Gumbo (Zimbabwe)  
Zivai & Tafara Matondo (Zimbabwe)  
Elaine & Roland Rich (Zimbabwe)



# Celebrate Success

# Anything I do, I do it to the extreme

by Marcus Leach

**At Forever, we are always talking about how our products (and a little will power) can help you to transform your body. So we thought we'd catch up with someone who has done exactly that. 31-year-old Marcus Leach has worked hard to create the body he's always wanted, by combining targeted exercise, a healthy diet and beneficial vitamins and supplements. He talks to Carrie Service about food, exercise, and a little bit more food.**

**D**espite having majorly transformed his body into something that wouldn't look out of place on the cover of Men's Health, Marcus Leach is a modest man. I have done a bit of research before we meet, and Marcus's story is filled with impressive physical and mental feats, including a one-year schlep from Cape Town to Cardiff – without getting on a single flight, escaping bandits and two bouts of malaria along the way. It almost makes his recent fitness achievement, which is the focus of our interview, pale into significance.

As befits the son of Jayne Leach and John Curtis (anyone who has ever seen Jayne or John speak at a Success Express will understand what I'm talking about), goal-setting has been integral to Marcus's physical transformation. "I am my mother's son in the sense that I have to have goals," he explains. "I got to the stage about three months ago with my training where I was in really good shape, but I thought 'What am I doing with it? What's the ultimate goal?' There are times in the gym when it gets really tough, and if I don't know why I'm doing it, it's

easier to quit. But if I can see my end goal, I can keep myself motivated."

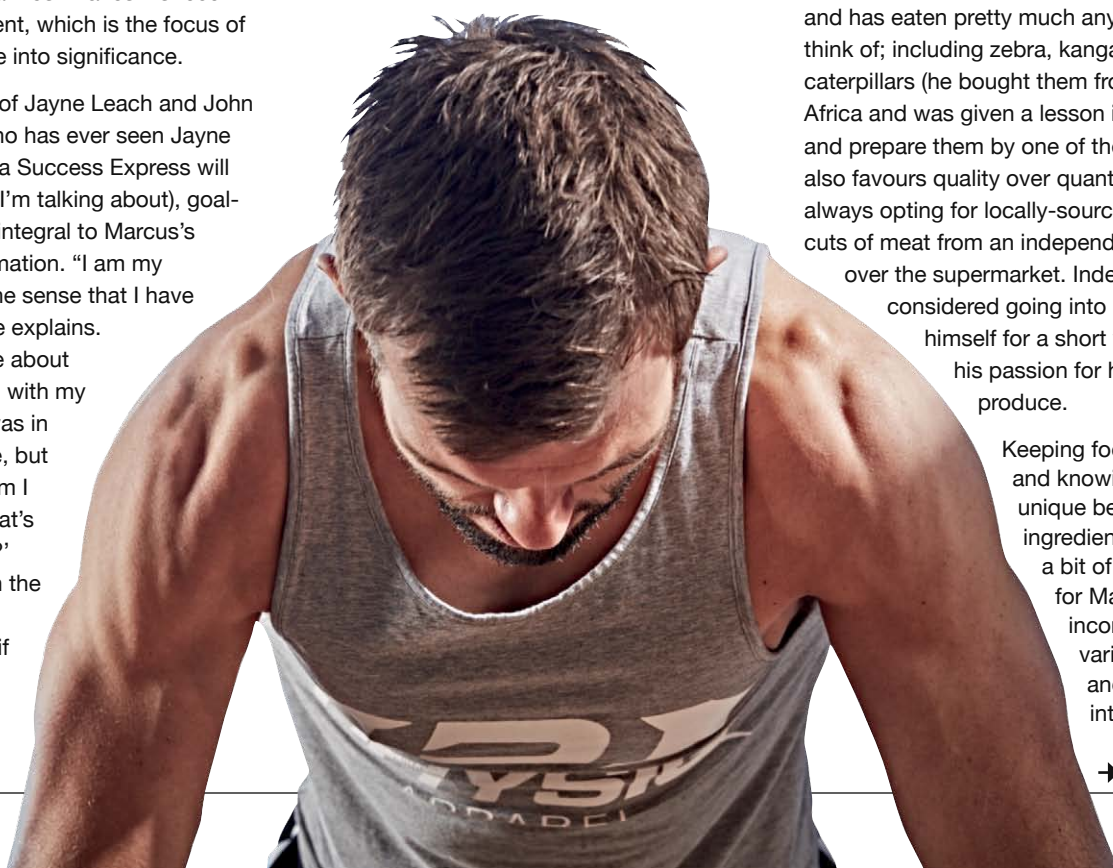
It was with one big goal in mind that Marcus first embarked on his fitness regime: getting in shape for his wedding. But once this target had passed, he realised that if he was to maintain this achievement, he needed to create a sustainable – and enjoyable – way of staying fit.

## Feeding success

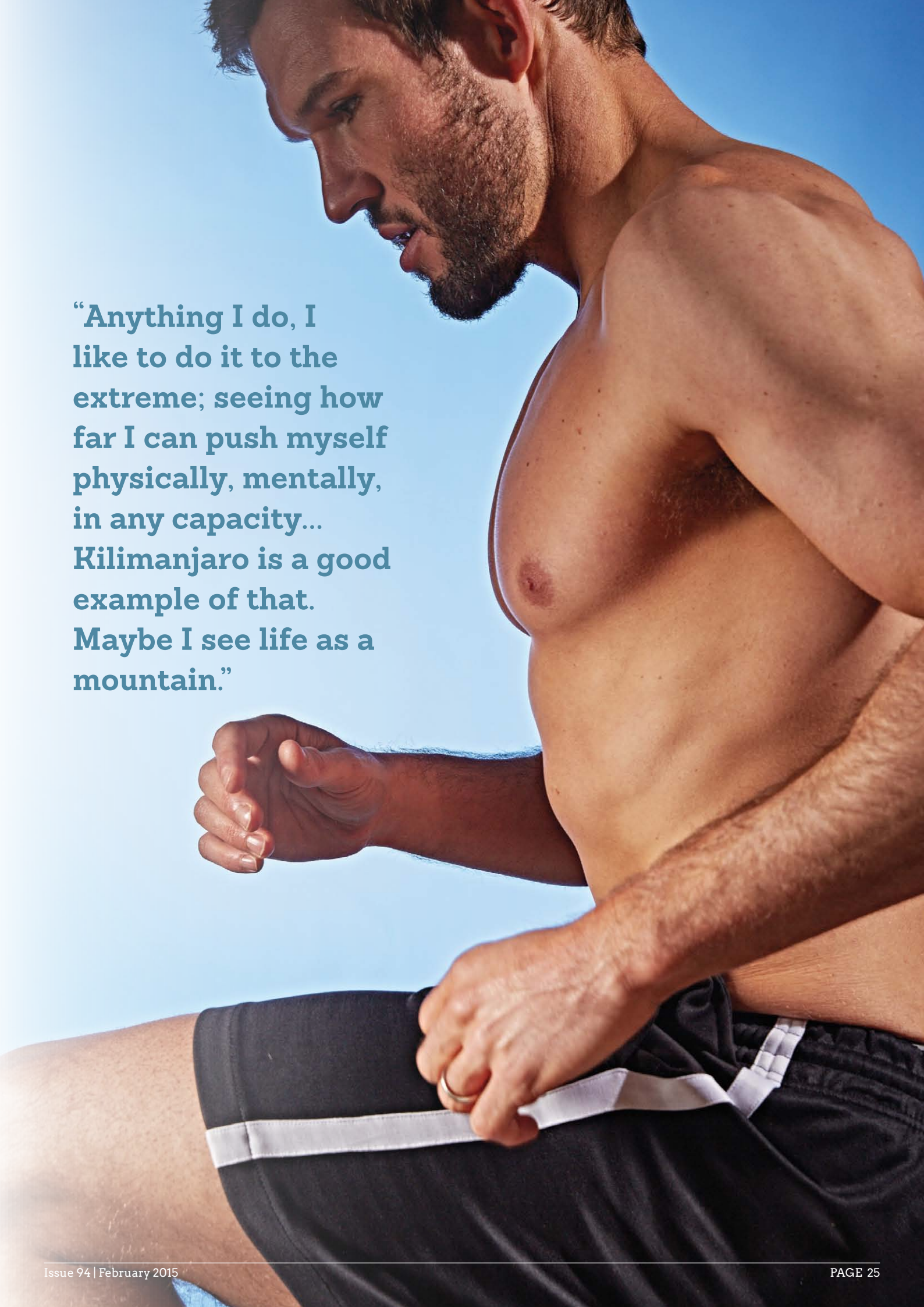
Food has been a major part of Marcus's transformation and eating right has now become second nature. But if you're thinking he lives on grilled chicken and broccoli, think again. In fact, cooking and eating have become anything but a chore, and Marcus has taken his new lifestyle as an opportunity to experiment with some quite exotic foods. He's particularly partial to unusual meats, and has eaten pretty much anything you can think of; including zebra, kangaroo – even caterpillars (he bought them from a market in Africa and was given a lesson in how to cook and prepare them by one of the locals.) He also favours quality over quantity at all costs, always opting for locally-sourced, prime cuts of meat from an independent butcher over the supermarket. Indeed, he even considered going into butchery himself for a short while, such is his passion for high-quality produce.

Keeping food interesting and knowing the unique benefits of each ingredient has become a bit of a science for Marcus, as has incorporating various vitamins and supplements into his regime.

→ cont page 26

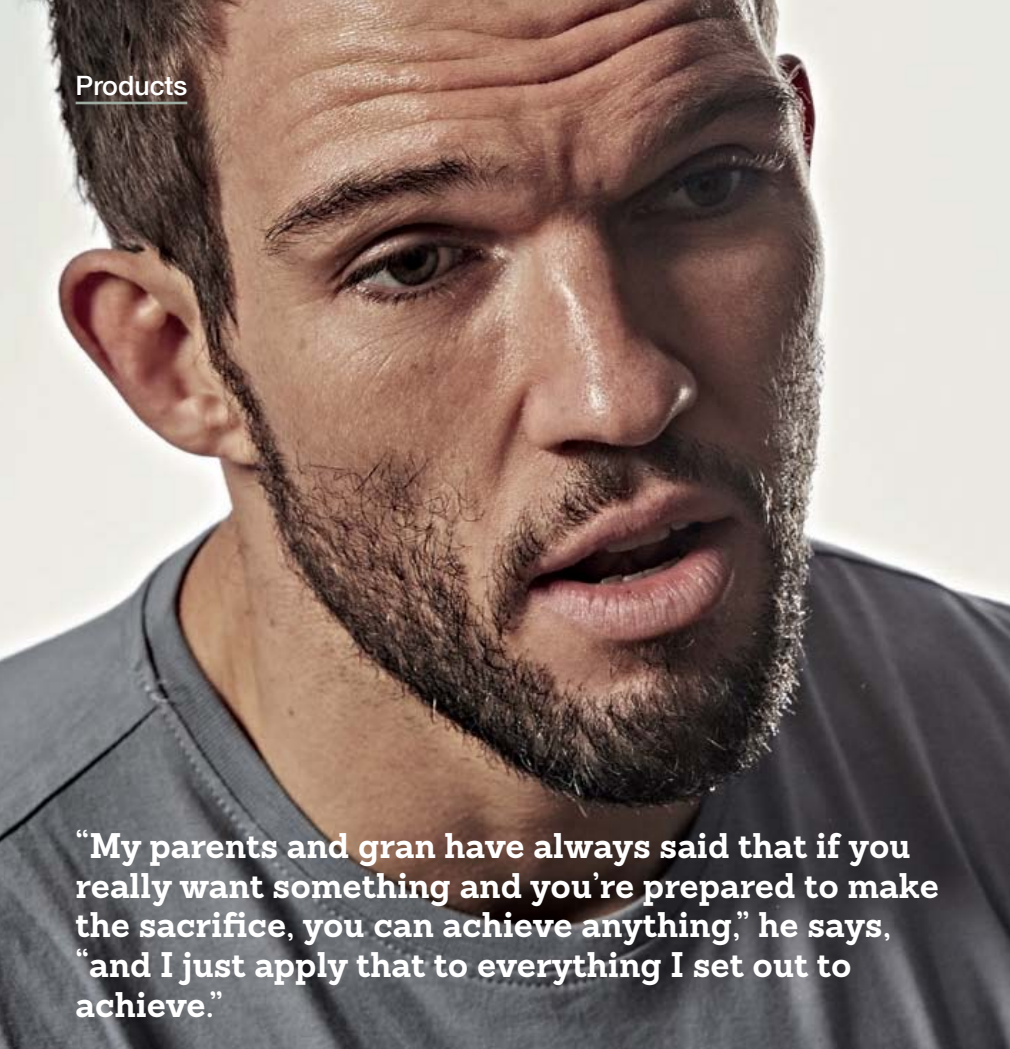






**“Anything I do, I like to do it to the extreme; seeing how far I can push myself physically, mentally, in any capacity... Kilimanjaro is a good example of that. Maybe I see life as a mountain.”**





**“My parents and gran have always said that if you really want something and you’re prepared to make the sacrifice, you can achieve anything,” he says, “and I just apply that to everything I set out to achieve.”**

“I try to get as much of what I need from my diet as possible, from natural foods,” he explains. “So I buy really good quality produce. I want to enjoy everything I eat.

I eat five or six meals a day, so I want to make sure that I enjoy all of them.” A current favourite of his and wife Kim after their honeymoon in India, is curry.

This might not sound like the obvious food of choice for a fitness fanatic, but since taking cookery lessons in India, he can whip up a healthy curry from scratch in no time, using all fresh ingredients, and sometimes substituting rice for a healthier alternative such as finely chopped cauliflower. “But then there are still supplements you need on top of food,” he adds.

**“I take Absorbent C every morning because I don’t tend to drink loads of orange juice as it’s full of sugar. I use the fish oils [Arctic Sea] pretty much with every single meal, and I take the Bee Pollen, Bee Propolis, Royal Jelly and Forever Daily.”**

I’ve been using the Forever Therm too.” Perhaps unsurprisingly (considering his upbringing) he’s also a longstanding fan of Aloe Vera Gel. “I drink probably about half a pint every morning,” he says. “When mum and dad first joined the business ages ago, I thought, ‘I’m never drinking that’, whereas now, the first thing I do when I get back from my walk in the morning is drink it.

The gel and the probiotics together have been brilliant at helping maintain a healthy gut. One of the most important things I’ve found out from my research into getting into shape is the health of your gut. If you’re putting good food in – good protein, good quality produce – and if your gut’s unhealthy, you’re not going to absorb as much of the goodness as you could be.” ARGI+, which he mixes with a litre of water for his workout drink, has also been key to improving his performance and recovery.

## Sustainable fitness

Despite appearances, Marcus’s exercise routine is fairly modest (aside, perhaps, from the four-to five-mile walk he embarks on every morning before he begins work from home), and it is this, plus his clear passion for food

and cooking, that leaves me in no doubt that his lifestyle change is not merely a passing fad. He fits in four or five specially-designed weight training sessions each week, working around his busy schedule in his home-based editorial job, being sure to make time for social commitments.

It would be a bit of an understatement to say that Marcus likes a challenge. He is constantly on the lookout for the next big mountain to climb – and I’m not speaking metaphorically. He and his brother Matt climbed Mount Kilimanjaro together – just one chapter from his epic one-year journey home to Wales from Cape Town. “Anything I do, I like to do it to the extreme; seeing how far I can push myself physically, mentally, in any capacity,” he says. “Kilimanjaro is a good example of that. Maybe I see life as a mountain – I always want to get to the top. Once I’ve done it and ticked it off, I’m on to the next challenge,” he adds. Next year, he will climb Mont Blanc and he also has his sights set on cycling up Alpe d’Huez on a trip to France this Christmas.

It seems achieving optimal health and fitness is just one component of a whole host of ideals Marcus is working towards. He and Kim are hoping to move to France at some point in the near future to open up a little guest house and dining room in Provence, giving them the chance to build a business out of their passion for food and travel. Kim, who lived and worked in Normandy for a year is already fluent in French, and Marcus is currently learning at night school, and practising via an app on his phone as he takes his early-morning walk. It seems in Marcus’s ever-optimistic world that anything is possible – no goal too big to achieve.





HIGHER · FASTER · BETTER · MORE  
YOUR SOLUTION to low energy

Buy  
1 FAB  
and receive  
1 FAB X Free

While stocks last



# FEEL the BOOST

A NATURAL ALTERNATIVE  
CONTAINS ALOE VERA & ADDED VITAMINS

## What's in FAB & FAB X?

- **Aloe Vera Gel:** Aloe is a long-used tonic to help the body restore and rejuvenate itself. It contains over 200 compounds to help cells function at a higher level.
- **Guarana:** A natural source of caffeine for a quick energy boost.
- **ADX7:** This proprietary blend of herbs, amino acids, vitamins and electrolytes helps optimize cellular metabolism for the ultimate in energy production.

**Adaptogenic Herbs:** Adaptogens have long been used in traditional cultures to help the body "normalize". This means they can minimize stress, improve physical and mental energy, and support the body in optimizing its varied functions. FAB & FAB X Drink's adaptogenic herbs include Eleutherococcus, Rhodiola, Schisandra and more!

**Amino Acids:** Taurine supports the body's neurological function, as well as athletic performance.

**Vitamins:** The body requires a wide variety of vitamins to perform its dozens of processes every day.

**Electrolytes:** Your cells need to replenish electrolytes continually – otherwise, you'll feel sluggish and fatigued.



## FAB X Forever Active Boost™ Zero Calorie

A natural alternative Energy Drink with the same great taste as FAB, without the calories, sugar or carbs.

CODE | #440

### SUGGESTED USE

- ✓ Drink 1 - 3 cans per day
- ✓ Shake gently before opening
- ✓ Serve chilled
- ✓ Enjoy newfound energy



CODE | #321

## DID YOU KNOW?

ADX7, the proprietary ingredient formulation in FAB Forever Active Boost™ Energy Drink, has helped Russian track and field athletes win over 130 medals in Olympic competitions!



**Forever is constantly evolving and modifying its offering to create a range of products that complement the modern lifestyle. Amazing new products have been added to the range.**



**A great  
range of**





### Aloe BB Crème

This much-anticipated BB crème with SPF 20 was created exclusively for Flawless by Sonya™ to hydrate, prime, conceal and offer sun protection, whilst creating a soft, luminous glow. Botanical extracts work to help smooth the skin's appearance, while high-tech powders mattify and diminish the appearance of fine lines and imperfections.

Available in two flattering, blendable shades (Cocoa and Nude), aloe BB crème works with most skin tones to create the look of flawless skin.



### Forever Sun Lips

This fab new lip product has all the benefits of Forever's original soothing Aloe Lips, with the added bonus of SPF30 sun protection. It's a real must-have product for the summer months. Water-resistant for up to 80 minutes, it's great for around the pool, and has a refreshing cool-mint flavour.

# New Products

**Exciting  
News for**

# **New Distributors Joining Forever**



**With effect from 4 February 2015 - new distributors can join the business with a minimum order of :**

**South Africa R 1500**

**Zambia**

**ZMW 850 \***

**Namibia N\$ 1500**

**Zimbabwe**

**\$ 150 \***

All of the above include Vat - \* Zambia and Zimbabwe amounts include Vat and Import charges -



New Distributors would still have to do 2cc in 1 or 2 consecutive months - before they move to the level of Assistant Supervisor and pay Distributor (wholesale) price.



# NEW Literature

This **First Steps to Manager Book** will help guide you when you are taking your first steps to achieving your goals.

## These steps will teach you how to

- understand Case Credits
- understand the Forever Marketing Plan
- build your team
- share the Forever Opportunity
- make calls
- profile your prospects
- create your 100 list of people you know

..... and so much more

Available at your Local Product Centre

1008

## # 1008 | FIRST STEPS TO MANAGER

R 15.08

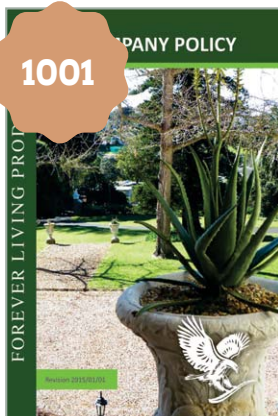
N\$ 17.02

ZMW 10.04

\$ 1.98

## NEW UPDATED – Company Policy (revised 1 January 2015)

1001



### 1001 Company Policy Handbook

R 12.45

N\$ 12.43

ZMW 7.85

\$ 1.43

## Literature Pack



## NEW Literature Pack

- New Distributors will receive a Literature Pack when presenting their Distributor Application with their first order.
- Literature Packs can also be purchased separately.

### Literature Pack

Code 1301   SA	R40.09
Code 1312   Namibia	N\$ 45.03
Code 1313   Zimbabwe	\$ 5.00
Code 1314   Zambia	ZMW 28.50

## This Literature Pack contains:

Code	Description	QTY
1000	Career Brochure	1
1001	Company Policy	1
1100	Product Catalogue	1
1106	Head to Toe Option 1	1
1201	Distributor Application Forms	2
1202	Distributor & New Distributor Price List	2
1204	Customer Price List	2
1212	Stationery Price List	2
1008	First Steps to Manager	1
1537	Contact Details & Order Form	1



1000

### 1000 Career Brochure

R 4.42

N\$ 4.47

ZMW 2.77

\$ 0.51

# AVAILABLE NOW



1600mm x 590mm

**NEW**



**#1102 INTRODUCING EN-ARGE FLYER**

R 1.32	N\$ 1.32
ZMW 0.82	\$ 0.14



**#1540 EN-ARGE BANNER**

R 600.08	N\$ 600.00
ZMW 383.97	\$ 69.26

**#1418 EN-ARGE DVD**

R 62.01	N\$ 61.94
ZMW 39.15	\$ 7.12



**#6016 EN-ARGE BUTTON**

R 12.45	N\$ 12.43
ZMW 7.85	\$ 1.43

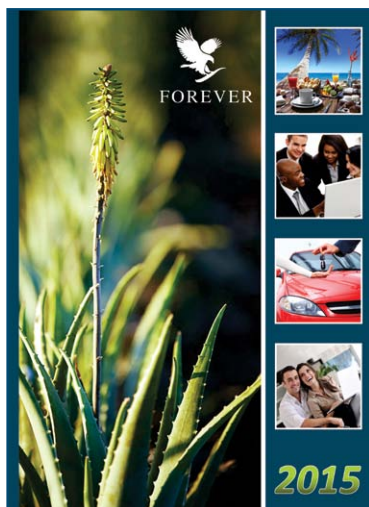
**HURRY!**  
LIMITED STOCK  
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**2015 Forever Diary**

**Includes One on One Business**

**Presentation + DVD**

**NEW**



**1207**



**#1207 FOREVER 2015 DIARY**

R 150.10	N\$ 150.09
ZMW 86.90	\$ 15.67

**Botswana Price Lists in Pula (PWP)**

**Only Available Electronically**



Available to download from the [www.foreverliving.com](http://www.foreverliving.com) distributor website or email [operations@forever.co.za](mailto:operations@forever.co.za) and request that the price lists be emailed to you.



# SUCCESS DAYS

JHB • KZN • NELSPRUIT		
Month	Date	Region
February	21	Nelspruit
March	21	Durban
April	25	JHB
May	23	Nelspruit
June	20	Durban
July	18	JHB
August	22	Nelspruit
September	19	Durban
October	24	JHB
November	21	Nelspruit
December	19	Durban

CAPE TOWN		
Month	Date	Region
March	14	Wynberg
May	16	Wynberg
July	25	Wynberg
September	26	Wynberg
November	14	Wynberg

ZIMBABWE • ZAMBIA • NAMIBIA MOZAMBIQUE				
Month	Zim	Zam	Nam	Moz
March	14	14	14	21
May	16	16	16	16
July	25	25	25	18
September	26	26	26	19
November	14	14	14	14

## & TRAINING DATES

Please confirm venues and dates with relevant Product Centres

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
CAPE TOWN		7:00 pm				
JOHANNESBURG	10:30 am	10:30 am	10:30 am	10:30 am	10:30 am	
	EXCEPT LAST WEEK OF THE MONTH					
			7:00 pm			
DURBAN			10:00 am - 12 noon			
			5:30 pm - 6:30 pm			
NAMIBIA						2 pm
NELSPRUIT	BY APPOINTMENT DURING THE DAY					
LESOTHO			5:30 pm - 6:30 pm			
MOZAMBIQUE	Office Manager from Nelspruit travels to Maputo once a month to hold meetings - please confirm with Nelspruit Product Centre					
ZAMBIA				11 am - 12:30 pm	2:00 pm - 3:30 pm	
ZIMBABWE	10 am - 12 noon		10 am - 12 noon	10 am - 12 noon		



**Margaret Ross**

Operations  
Manager

"If you are ever unsure  
of the Company's  
Rules and Regulations  
or Policies, please  
refer to the Company  
Policy Booklet which is  
available at any of our  
product centres.  
or online at  
[www.foreverliving.com](http://www.foreverliving.com)"



# Re-Sponsoring Policies

**PLEASE TAKE NOTE OF THIS IMPORTANT INFORMATION  
FOUND IN THE COMPANY POLICY**



## 14. Re-sponsoring Policies

- 14.01 (a) An existing Distributor can re-sponsor under a different Sponsor provided that, during the preceding 24 months, they have:
- 1) Been a Distributor, and
  - 2) Not purchased or received any FLP products, either from the Company or from any other source, and
  - 3) Not received payments of any kind from an FLP Distributor, and
  - 4) Not sponsored any other individuals into the FLP business
- (b) The Distributor being re-sponsored must sign and have notarized an affidavit under penalty of perjury with respect to the above policy before re-sponsoring will be allowed.
- (c) If the Distributor is the second-named person on an existing Distributorship, and wishes to re-sponsor under the first-named person, he or she may do so without having to fulfill the requirements listed in paragraphs (a) and (b) of this section.
- (d) A re-sponsored Distributor begins again as a New Distributor under his or her new Sponsor and loses any downline acquired to that point in all countries into which they were previously sponsored.
- (e) A re-sponsored Distributor counts as a newly-sponsored Distributor for all incentive and promotions.



## PLEASE NOTE

- Re-sponsored Distributors do **NOT** complete a new application form – their distributor number remains **THE SAME !**
- An **order for a minimum of R1 500** must accompany the Responsoring Affidavit – before it can be processed at Head Office!



# YOUR HEALTH AND WEALTH MONTHLY MAGAZINE

## Head Office

Trovato House • 1 Coach Road • Wynberg • Cape Town 7800  
Tel : 021 761 6001 • Fax : 021 761 4271 • Email : [operations@forever.co.za](mailto:operations@forever.co.za).

### Western Cape

Contact Persons  
Address Bronwyn/Wilfred  
Shop No. 7  
Riverstone Mall  
36 Main Road  
Wynberg 7800  
Telephone +27 21 797 6329  
Fax +27 21 797 6029  
Telesales 080-Forever (3673837)  
E-Mail [Capetown@forever.co.za](mailto:Capetown@forever.co.za)

### Gauteng

Contact Persons  
Address Eutricia/Edgar  
3 Guernsey Drive  
Longmeadow Office Park  
Longmeadow  
Gauteng 1609  
Telephone +27 11 579 7440  
Fax +27 11 608 4000  
Office Manager Eutricia  
E-Mail [Jhb-Eutricia@forever.co.za](mailto:Jhb-Eutricia@forever.co.za)  
Fax To Pc 086 762 4270  
Asst Office Manager Edgar  
E-Mail [Edgar@forever.co.za](mailto:Edgar@forever.co.za)  
Fax To Pc 086 685 6464  
Orders For Collection Ayanda  
E-Mail [Jhb-Ayanda@forever.co.za](mailto:Jhb-Ayanda@forever.co.za)  
Fax To Pc 086 263 8724  
Orders For Courier Tc (Thokozeni)  
E-Mail [Courierorders@forever.co.za](mailto:Courierorders@forever.co.za)  
Fax To Pc 086 623 2470  
Training Edgar  
E-Mail [Edgar@forever.co.za](mailto:Edgar@forever.co.za)  
Despatch Manager Ernest  
E-Mail [Ernest@forever.co.za](mailto:Ernest@forever.co.za)

### Mpumalanga

Contact Persons  
Address Guy/Don  
EL Building  
48 Bester Street  
Nelspruit 1201  
Telephone +27 13 752 2024  
Fax +27 13 752 5824  
Office Manager Guy  
E-Mail [Nelspruit@Forever.co.za](mailto:Nelspruit@Forever.co.za)  
Fax To Pc 086 516 5203  
Despatch Manager Brenda  
E-Mail [Nelspruitorders@forever.co.za](mailto:Nelspruitorders@forever.co.za)  
Fax To Pc 086 515 9040

### Kwa-Zulu Natal

Contact Persons  
Address Rani/Catherine  
Convention House  
216 Stalwart Simelane Street  
Durban 4001  
Telephone +27 31 368 1753  
Fax +27 31 368 1743  
Office Manager Rani  
E-Mail [Rani@forever.co.za](mailto:Rani@forever.co.za)  
Orders E-Mail [Orders KZN@forever.co.za](mailto:Orders KZN@forever.co.za)

### Namibia

Contact Persons  
Address Clowey/Steven  
39 Tal Street  
Windhoek 9000  
Telephone +264 61 22 6186  
Fax +264 61 22 6699  
E-Mail [Flpnamib@mweb.com.na](mailto:Flpnamib@mweb.com.na)

### Zambia

Contact Persons  
Address Harrison/Leon  
9945 Kabelenga Road  
Interchem Building  
Fairview  
Lusaka, Zambia  
Telephone +260 211 22 0672  
Fax +260 211 22 0673  
Office Manager Harrison  
E-Mail [Harrison@foreverzambia.com](mailto:Harrison@foreverzambia.com)  
Asst Office Manager Leon  
E-Mail [Leon@foreverzambia.com](mailto:Leon@foreverzambia.com)  
Despatch Manager Isaac Yambisa  
E-Mail [Dispatch@foreverzambia.com](mailto:Dispatch@foreverzambia.com)

### Zimbabwe

Contact Persons  
Address Sawman/Paul  
3 Armadale Road  
Borrowdale  
Harare, Zimbabwe  
Telephone +263 485 3283  
Office Manager Sawman  
E-Mail [Sawman@forever.co.zw](mailto:Sawman@forever.co.zw)  
Asst Office Manager Paul  
E-Mail [Paul@forever.co.zw](mailto:Paul@forever.co.zw)  
Orders For Courier Paul  
E-Mail [orders@forever.co.zw](mailto:orders@forever.co.zw)



Forever Living Products South Africa

[www.foreverliving.com](http://www.foreverliving.com)  
[www.discoverforever.com](http://www.discoverforever.com)

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**Receive a  
FREE Argi Bottle  
with every Vital5  
Combo Pack  
While stocks last**

# Vital<sup>5</sup>

Advanced Nutrition Made Simple

**There's no  
secret to  
feeling great**



**Eat healthy**



**Exercise often**



**Take the Vital5<sup>TM</sup> every day**

**Please contact the Distributor below for  
more information:-**

**Please place your  
Forever Business Card here**

**456 | Vital<sup>5</sup>**

**Vital<sup>5</sup> includes:-**

- 4 Aloe Vera Gels
- 1 Forever Daily<sup>TM</sup>
- 1 Forever Active Probiotic<sup>TM</sup>
- 1 Forever Arctic Sea<sup>TM</sup>
- 1 ARGi+<sup>TM</sup> and a scoop



For more in-depth information please consult the **PRODUCT MANUAL** available from your product centre

The statements contained herein have not been evaluated by the FDA. The products discussed are not intended to diagnose, mitigate, treat, cure, or prevent a specific disease or class of diseases. You should consult your family physician if you are experiencing a medical problem.