

FOREVER

🇿🇦 SOUTH AFRICA 🇳🇦 NAMIBIA 🇿🇲 ZAMBIA 🇿🇼 ZIMBABWE

April 2015 | Issue 96

**Forever
New
Policies**

PRODUCT FOCUS

F.I.T.™

Forever Fiber





CANCUN
2015 EAGLE
MANAGERS
RETREAT

**A goal is a dream
with a deadline.**

Make Cancun your dream.

Qualification for the 2015 Eagle Managers
Retreat is fast approaching.
It's time to get moving.

www.discoverforever.com



FOREVER

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OPERATIONS MANAGER -
MARGARET ROSS



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ISSUE 94

A PUBLICATION OF FOREVER LIVING PRODUCTS - SOUTH AFRICA

Trovato House
1 Coach Road
Wynberg
Cape Town 7800

Tel : 021 761 6001

Fax : 021 761 4271

OPERATIONS DEPARTMENT

operations@forever.co.za

COUNTRY MANAGERS

Rick and Eve Beeton

WEBSITE

www.foreverliving.com

www.discoverforever.com

TELESALES

080-FOREVER (3673837)


MARKETING & GRAPHICS MANAGER

jean@forever.co.za

GRAPHIC DESIGN, DTP & EDITORIAL

lee@forever.co.za

What's In A Name



We each have many titles and many roles in our lives: parent, child, sibling, friend, and, of course, in our Forever businesses, Distributor. The title of Distributor was carefully selected when we created Forever in 1978 and has served us well for over 35 years! There has never been a moment that I am not inspired by your example. You are leaders in our industry, and I am incredibly proud to be associated with you.

Forever Business Owner

Just as we all have different titles throughout our lives, there are many things that we say about people that join the Forever business. You take no shortcuts. You always show integrity. You are Forever grateful. You are positive. You always seek adventure. You are creative. You are brave. You are passionate. And of course, you are entrepreneurs. This is why you are Forever Business Owners. Being a Forever Business Owner means never taking no for an answer, always finding new ways to be innovative and working hard to achieve your goals. Like

all entrepreneurs, you are truly responsible for the success of your own business, and your hard work and dedication will drive its growth.

I hope that you are as excited to be a Forever Business Owner as I am. Being a business owner is an incredible privilege - one that some people work their whole lives for, but are never able to achieve. I have always said that owning your own business is less about making a living and more about making a life - choosing your own path and living the way that you deserve.

Use the name Forever Business Owner and wear your pin with pride! Celebrate and share your successes with those around you - part of what makes Forever the greatest opportunity in the world is the ability to help other people look and feel better and live in ways that they never dreamed possible! Your success shows your dedication to inspiring those around you.

**Thank you so much
for all that you do and
congratulations on
your brand new title!**

Forever Yours,



Rex Maughan

Chairman of the Board & CEO

FOCUS

on the Right Things...

As you desire to grow your FOREVER business, it is easy to inadvertently focus on the wrong things.

We suggest a simple approach for staying properly focused, growing your Business and effectively leading your Team :

FOCUS on ...

- your FOREVER BUSINESS OWNERS and not on the "Revenue"
- your CUSTOMERS and not on the "Profit"
- MAKING OTHERS SUCCESSFUL and not on the "Money"
- your DOWNLINE and not on the "Incentives"

If you focus on the revenue and not on your Forever Business Owners, there will be no significant money to count. But if you focus on building your Downline and not on the money, in the end, you might end up with more money than you can count.

There is a wonderful quote which applies to your FOREVER Business :

"THE ONLY WAY TO REACH THE TOP IS BY BENDING DOWN AND HELPING OTHERS!"

Best Regards,

Rick and Eve

Country Managers (Southern Africa)



On The Move

MOVE UPS - FEBRUARY 2015



SENIOR MANAGERS

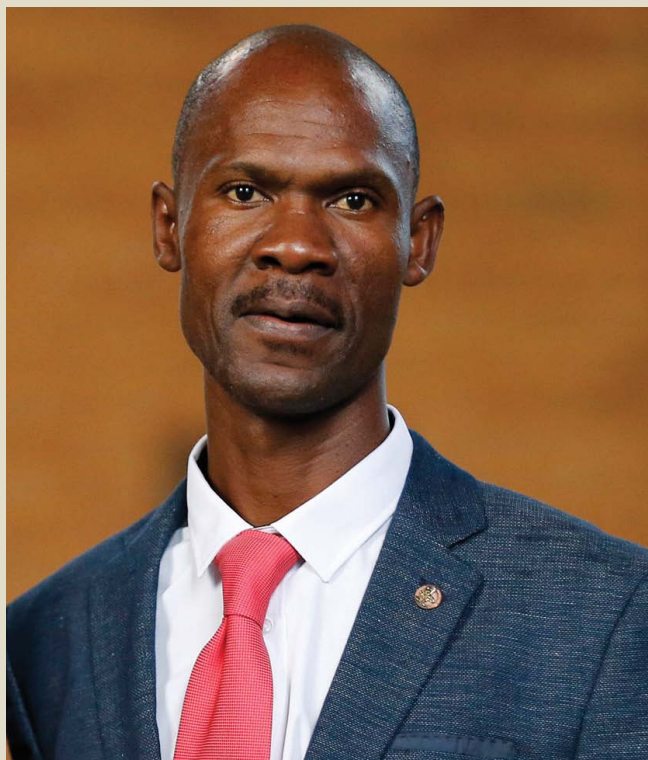
FEBRUARY 2015



Jabulani & Elizabeth Shabangu • Gauteng



Linda & Evelyn Gxabu • Kwa-Zulu Natal



Johannes Makgabo • Gauteng



Rakgomo & Kate Makola • Gauteng



Petros & Nonhlanhla Tshabangu • Gauteng



Gloria & Shadrack Dambuza • Kwa-Zulu Natal

SOUTH AFRICA

Make, Maria • Gauteng

Manyatsa, Refiloe • Gauteng

Guntu, Ncediswa • Kwa-Zulu Natal



ASSISTANT MANAGERS

Achieved by reaching 75 CCs
in 1 or over 2 consecutive months
(full details in Company Policy)

FEBRUARY 2015

SOUTH AFRICA

Buthelezi, Buhlebuyeza • Gauteng
Tsoane, Jennifer & Goodenough • Gauteng
Macheke-Fitzpatrick, Kedibone & Vernon • Gauteng
Makhalemele, Lekhotla & Nthabiseng • Gauteng
Masemola, Princess & Aubrey • Gauteng
Matloga, Matlou & Ntombenhle • Gauteng
Ngwenyama, Nomsa • Gauteng
Tshwane, Moses & Esther • Gauteng

Zuwaki, Winnie & Conrad • Gauteng
Adonis, Zukiswa • Kwa-Zulu Natal
Gusha, Nozuko • Kwa-Zulu Natal
Jara, Bulelwa • Kwa-Zulu Natal
Sinqadu, Thobekile & Zolile • Kwa-Zulu Natal
Thafeni, Nozipho • Kwa-Zulu Natal

MOZAMBIQUE

Romao, Joaquim



SUPERVISORS

Achieved by reaching 25 CCs
in 1 or over 2 consecutive months
(full details in Company Policy)

FEBRUARY 2015

SOUTH AFRICA

Mdubeki, Daphne • Eastern Cape
Ntibane, Nomzamo • Eastern Cape
Tutu-Msutu, Yoliswa & Msutu, Masonwabe • Eastern Cape
Tsoaeli, Sannah & Samuel • Free State
Beca, Lucy & Manny • Gauteng
Chikane, Mashikoe • Gauteng
Diseko, Reginah • Gauteng
Fearick, Reinette • Gauteng
Jara, Aviwe • Gauteng
Khlo, Esther & David • Gauteng
Lesejane, Lillian • Gauteng
Lesolang, Nnana & Patience • Gauteng
Letsebe, Theresa & Sebepi • Gauteng
Maaga, Bontle • Gauteng
Mabaso, Sasei • Gauteng
Macingwane, Brian • Gauteng
Madegwane, Thembe • Gauteng
Maenzanise, Rumbidzai • Gauteng
Mahlangu, Patience • Gauteng
Mahlathe, Sarah • Gauteng
Mkhabela, Boy • Gauteng
Mohlmonyane, Ledibone & Letsebe • Gauteng
Mothokho, Annakletta • Gauteng
Mphanga, Mmapela • Gauteng
Ngwenya, Ernest & Sibanda, Edith • Gauteng
Nkambule, Octavia • Gauteng
Ntivana-Khosa, Precious & Khosa, Ernest • Gauteng
Ntuli, Tsholofelo • Gauteng
Pitse, Motlalepula • Gauteng
Rihlampfu, Malente & Kedibone • Gauteng
Rikhotso, Selaelo & Risimati • Gauteng
Seema, Obed & Iris • Gauteng
Sithole, Precious & Jan • Gauteng
Thusi, Nonhlanhla • Gauteng
Dlamini, Nombuso • Kwa-Zulu Natal
Gani, Cynthia • Kwa-Zulu Natal

Gxabu, Annalisa • Kwa-Zulu Natal
Koloane, • Kwa-Zulu Natal
Madinga, Vuyelwa • Kwa-Zulu Natal
Msomi, Samukelisiwe & Mthembu, Mpumelelo • Kwa-Zulu Natal
Ngisu, Silindile & Bonginkosi • Kwa-Zulu Natal
Sobhuza, Noninzi & Siyabonga • Kwa-Zulu Natal
Mabetlela, Matlala • Limpopo
Langa, Thandiwe • North West
Olifant, Gobusamang • North West

MOZAMBIQUE

Langa, Anastacia
Malevo, Natercia & Macarrigue, Orlando
Tembe, Sevelina & Casimiro, Fernando
Tivissoul, Paulo

BOTSWANA

Ramatlapeng, Frederick & Kitso

NAMIBIA

Emvula, Foibe Nd
Klemens, Elkqn & Ileni
Muunda, Mary & Vespa
Mwatilifange, Hendrina & Asser
Nashilongo, Josephine & Johannes, Tobias
Negumbo, Kristofina & Amaambo
Nghishekwa, Julia & Nghilwamo, Julius
Shilongo, Rachel

ZAMBIA

Chalwe, Chisenga
Ngulube, Hlekwayo Mkhulwa
Sakala, Sandra Chilengi

ZIMBABWE

Murape, Tendayi & Misheck
Ndlovu, Future & Moyo, Ayibongwe

ACHIEVER'S

CLUB SOUTHERN AFRICA

100 CASE CREDITS AND ABOVE

This is a total of Personal and Non-Manager case credits that an individual has achieved for the month.

SOUTH AFRICA

- | | | |
|----|--------------------------------------|-----|
| 1 | Tyolo, Nontlahla & Linda | (1) |
| 2 | Gxabu, Linda & Evelyn | (1) |
| 3 | Ndlovu, Nzobile & Mbuyazi, Thokozani | (1) |
| 4 | Make, Maria | (1) |
| 5 | Mabasa, Dikeledi & Patrick | (1) |
| 6 | Tshabangu, Petros & Nonhlanhla | (1) |
| 7 | Rasimeni, Amanda & Ramathe | (1) |
| 8 | Msibi, Palesa & Paul | (1) |
| 9 | Ngwenya, Matsatsi | (2) |
| 10 | Shabangu, Jabulani & Elizabeth | (2) |

FEBRUARY 2015

**Choose
your
Destination**

MOZAMBIQUE

- | | | |
|---|-------------------------------------|-----|
| 1 | Macamo, Sandra & Machaieie, Antonio | (1) |
|---|-------------------------------------|-----|

The number in brackets indicates how many times these Forever Business Owners have appeared in the 100cc ACHIEVERS CLUB IN 2015

FOREVER2DRIVE

Are you Ready for your Keys?

Join many of our Forever Business Owners who have benefited from our FOREVER2DRIVE INCENTIVE! This INCENTIVE BONUS gives you the freedom and financial confidence to improve your lifestyle.

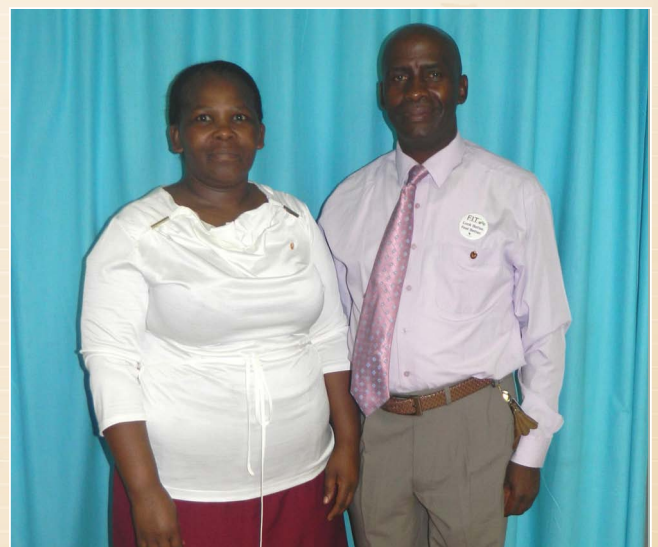
FEBRUARY 2015



Level 2 - R6 300 pm
Matsatsi Ngwenya
GAUTENG



LEVEL 1 - R4 200 pm
Jabulani & Elizabeth Shabangu
GAUTENG

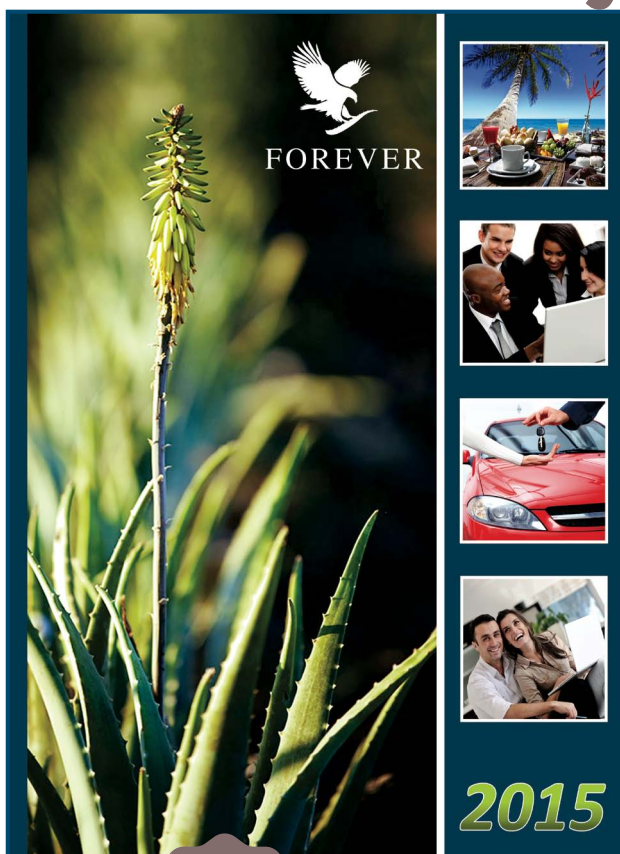


LEVEL 1 - R4 200 pm
Linda & Evelyn Gxabu
KWA-ZULU NATAL

Earn an additional R4 200 - R8 400 per month for 36 months (refer to Company Policy)

2015 Forever Diary

**On
Special**



1207

**Purchase a Forever
Diary and receive a
complimentary Forever
One on One Book & DVD
WHILE STOCKS LAST
EXCL. ZAMBIA**



#1207 FOREVER 2015 DIARY	R 150.10	N\$ 150.09
	ZMW 86.90	\$ 15.67



ONE ON ONE

**Includes :-
One on One
Book, Business
Presentation
DVD &
Global Rally
Magazine**

TOP 10 TEN

FEBRUARY 2015

FOREVER BUSINESS OWNERS

'Total case credits for you and your entire team for the year to date'

SOUTH AFRICA

1	Phanga, Eric & Thelem	1
2	Biyela, Thabani & Nombuso	2
3	Ngwenya, Matsatsi	3
4	Mbatha, Gabisile & Bhekisisa	5
5	Dube, Thulani & Bongekile	4
6	Masondo, Siyabonga	6
7	Mlangeni, Nombuso	7
8	Du Preez, Sue & Peet	10
9	Sibeko, Sipiwe & Mhloti	9
10	Shabangu, Jabulani & Elizabeth	NE

NAMIBIA

1	Ndoroma, Anna & Karl	1
2	Shilunga, Kornelia & Orestus	2
3	Shikongo, Regina & Jason	3
4	Shimbulu, Rosalia & Shiimi, Linus	4
5	Munashimwe, Cathreen	8
6	Shindodi, Ulania & Melele, Joel	5
7	lipinge, Vicky & Paully	6
8	Shikesho, Aune	NE
9	Kandjeke, Wilbard & Itamalo, Saride	9
10	Haitula, Beata & Naimbanga, Muaimbange	10

TEAM BUILDERS

'Your Personal and Non-Manager case credits for the month'

SOUTH AFRICA

1	Tyolo, Nontlahla & Linda	NE
2	Shabangu, Jabulani & Elizabeth	2
3	Ngwenya, Matsatsi	1
4	Gxabu, Linda & Evelyn	NE
5	Ndlovu, Nqobile & Mbuyazi, Thokozani	NE
6	Make, Maria Mmotsi	NE
7	Macamo, Sandra & Machaieie, Antonio	10
8	Mabasa, Dikeledi & Patrick	7
9	Tshabangu, Petros & Nonhlanhla	NE
10	Rasimeni, Amanda & Ramathe	NE

NAMIBIA

1	Munashimwe, Cathreen	5
2	Shimbulu, Rosalia & Shiimi, Linus	2
3	Awala, Naemi & Marius, Josef	NE
4	Angula, Rosalia	NE
5	Shikongo, Regina & Jason	NE
6	Nghishongwa, Penehafo	NE
7	Kambulu, Johanna	NE
8	Ndoroma, Anna & Karl	1
9	Tobias, Aina & Frans	NE
10	lipinge, Vicky & Paully	3

RECRUITERS

Most New Forever Business Owners recruited

SOUTH AFRICA

1	Mkhabela, Boy	NE
2	Tsoane, Jennifer & Goodenough	1
3	Seema, Obed & Iris	NE
4	Gani, Cynthia	NE
5	Makgabo, Johannesburg	NE
6	Maenzanise, Rumbidzai	NE
7	Macheke-Fitzpatrick, Annah & Vernon	NE
8	Maaga, Bontle	NE
9	Shagala, Happy	NE
10	Atare, Ufuoma	NE

NAMIBIA

1	Albertus, Savelia	NE
2	Haitula, Beata & Naimbanga, Muaimbange	7
3	Nashilongo, Josephine & Johannes, Tobias	NE
4	Du Plessis, Justina & Hennie	NE
5	Shilongo, Rachel	5
6	Nasheya, Simaneka & Shilongo, Rachel	NE
7	Hamutenya, Shangeelao & Kristiana, Erastus	NE
8	Shivute, Aunne	NE
9	Combanda, Josefina	NE
10	Mushona, Esther	NE

NE = New Entry

() = position held in previous month

TOP 10 TEN

FEBRUARY 2015

FOREVER BUSINESS OWNERS

'Total case credits for you and your entire team for the year to date'

ZAMBIA

1	Tembo, Tasila & Kantenga, Henry	1
2	Damaseke, Mildred & Mlotha	2
3	Sichula, Philimon & Mugamya, Patricia	3
4	Chinyama, Caroline & Ngombe, Masauso	4
5	Sunkutu, Wezi	5
6	Muchemwa, Violet & Albert	NE
7	Mwenya, Evaristo & Ruth	8
8	Sanderson, Eva & Murray	7
9	Ngungu, Assarh & Tshili, Sitembinkosi	6
10	Serra, Elizabeth & John	10

ZIMBABWE

1	Gumbo, Tsungai & Paradzai	1
2	Matondo, Zivai & Tafara	2
3	Dari, Shorai & Junica	4
4	Rich, Elaine & Roland	3
5	Dube, Kudakwashe & Bekithemba	5
6	Nyakuvambwa, Barbara & Batsirai	6
7	Stodart, Tracey & Alan	7
8	Machakaire, Sawman & Akullo, Mary	9
9	Tapfumaneyi, Sehlile & Memory	8
10	Kunaka, Farai & Ideas	10

TEAM BUILDERS

'Your Personal and Non-Manager case credits for the month'

ZAMBIA

1	Tembo, Tasila & Kantenga, Henry	2
2	Damaseke, Mildred & Mlotha	1
3	Sunkutu, Wezi	3
4	Sobongo, Catherine & Marcus	NE
5	Ngungu, Assarh & Tshili, Sitembinkosi	4
6	Sanderson, Eva & Murray	6
7	Mwenya, Evaristo & Ruth	5
8	Muchemwa, Violet & Albert	8
9	Phiri, Carol & Simfukwe, Wilsan	NE
10	Sakala, Sandra	NE

ZIMBABWE

1	Gomes, Dolores & Mario	NE
2	Murombwi, Edmore & Hope	2
3	Kativhu, Tendai & Tatenda	3
4	Wairimu Gitu, Agnes	NE
5	Nyakuvambwa, Barbara & Batsirai	1
6	Ndirangu, Dionisa & Kabare	NE
7	Gumbo, Tsungai & Paradzai	NE
8	Kunaka, Farai &, Ideas	4
9	Rich, Elaine & Roland	5
10	Chinyemba, Spiwe & Amon	NE

RECRUITERS

Most New Forever Business Owners recruited

ZAMBIA

1	Sakala, Sandra	NE
2	Mwale, Tinashe	NE
3	Damaseke, Mildred & Mlotha	NE
4	Ngulube, Hlekwayo & Annie	4
5	Mwaanga, Joanne	NE
6	Mulobeka, Glaidus & Elizabeth	NE
7	Ngungu, Assarh & Tshili, Sitembinkosi	3
8	Lulanga, Sidney	NE
9	Mwanamuyumu, Kelvin & Kaputo, Mary	NE
10	Tembo, Tasila & Kantenga, Henry	8

ZIMBABWE

1	Ndhlovu, Shiella & Emmett	NE
2	Murape, Tendayi & Misheck	10
3	Chawatama, Isabel & Kandeya, Bernard	NE
4	Dube, Kudakwashe & Bekithemba	NE
5	Zimbudzana, Jeremiah & Christine	NE
6	Chawatama, Precious & Herbert	NE
7	Kunaka, Farai & Ideas	NE
8	Mpofu, Gladys & Godfrey	NE
9	Singano, Spiwe & Richard	NE
10	Munemo, Jonathan & Rumbidzai	NE

NE = New Entry () = position held in previous month

Introducing Forever F.I.T.

**As sports and weight management continues to play
an important part in the growth of our company,
Forever is constantly adapting and expanding its
range of products to meet the increasing demand for
new and innovative solutions.**

**With this in mind, we are excited to introduce F.I.T.
– a brand new weight management
programme from Forever.**

Building on the success and popularity of the Clean 9, this 69-day regime allows you to reach your weight management goals in a sustainable and healthy way, building good eating and exercise habits for life.

Here's a run-down of what you can expect from each step of the new programme:

C9 CLEANSE

The new-and-improved Clean 9 is now better - and cheaper - than ever before.

It features a convenient dietary supplement pack with the exact amount of weight management supplements needed for the nine days, plus a newly-branded F.I.T. shaker.

Designed to kick-start weight loss and cleanse your body, this first step provides the perfect foundation for transforming your eating and fitness habits.

Vanilla Ultra Lite - Code 475
Chocolate Ultra Lite - Code 476

F1 GOOD HABITS FOR LIFE

Take it to the next level and change the way you think about food and fitness for good.

This 30-day regime allows you to continue towards your weight management goals, in a sustainable, healthy way. Contains the exact portions of supplements, shakes and bars required, with easy-to-follow step-by-step guidance to help you through. Maintain and build on the progress you made with the Clean 9 and change your habits for the long-term.

Vanilla Ultra Lite & Cinnamon Bar Code 479
Chocolate Ultra Lite & Chocolate Bar Code 480

F2 MAXIMUM IMPACT

Now you're well on your way to achieving your weight loss goals.

It's time to push your body to the max and achieve that optimum transformation. Strengthen and tone the body with F.I.T.2 to help you build lean muscle, incorporating high-protein nutritional products. Complete this final 30-day step of the programme to see real definition.

Vanilla Ultra Lite & Cinnamon Bar Code 491
Chocolate Ultra Lite & Chocolate Bar Code 492

Available now

Along with the launch of the F.I.T. programme, the following products will also be available for individual purchase - perfect for maintaining your weight after completing the programme.



Forever Therm

If you're interested in metabolism then this exciting new product is for you. Its special formula contains a valuable blend of vitamins, including vitamins B6, B12 and C, which contribute to the reduction of tiredness and fatigue.

Forever Therm - Code 463



Forever Fiber

Are you getting enough fibre in your diet? This water-soluble fibre supplement provides a quick and simple way to increase your daily intake.

Forever Fiber - Code 464



Forever ProX²

Resist the temptation to snack on unhealthy crisps and chocolate by stocking up on these tasty bars, available in cinnamon or chocolate flavour. Packed with protein, they are perfect for pre- or post-workout.

Forever Pro X2 Cinnamon - Code 466
Forever Pro x2 Chocolate - Code 465

Forever Fiber™

You've heard about the benefits of Fiber before, but you might not think they apply to you. You might also associate "Healthy Fiber" with prunes and constipation. In actuality, Fiber is for everyone and can be your secret weapon in helping maintain regularity and proper nutrient absorption.

If we look at some of the macronutrients as characters in a play, Protein no doubt would be cast as the 'Hero', Fat as the 'Villain', Carbohydrates as 'supporting actors', and Fiber, because it does not contain any nutrients like its co-actors, would most likely be cast as the strange, smelly and often misunderstood character that is dismissed as uninteresting and irrelevant.

However, to call Fiber 'uninteresting and irrelevant' couldn't be further from the truth!

Fiber maintains two very important elements of proper digestion:

- **It aids in the absorption of nutrients**

- **It binds to the food and toxins in your intestines and keeps it moving through.**

This is no simple task. Our Digestive System when stretched out is roughly 10 yards long, and it's compacted into roughly 1.5 feet of space! Without Fiber, our body would have a difficult time keeping the food we consume moving through our body effectively. Think of Fiber as a big sticky ball that rolls through your small and large intestine picking up excess food and toxins, then eliminating them as waste.

Fiber can also help to support feelings of fullness, so you eat less. Consuming a fiber supplement a half hour to an hour prior to meals can help you to feel full, thereby reducing your calorie consumption at mealtime. Fiber taken between meals can help to curb cravings.

by Steve Hatchett



This means Fiber is an excellent part of a sensible diet and exercise program to help you lose weight or maintain a healthy weight.

Finally, adequate Fiber intake has been shown to support cardiovascular health as well, by helping to support both normal cholesterol and normal blood pressure levels.

So back to our characters in a play, Fiber should be cast as your 'FRIEND!'



**In fact, Fiber is
such a key part
of our diet that
most governments
recommend we get
between 25 to 35
grams per day.**

The recommended daily intake of Fiber in the US is 25 grams daily for women (38 grams for men), but it turns out that we are only consuming an average of about half that amount.

A big reason for this lack of Fiber in our diets is simply an inadequate intake of fruits, vegetables and whole grains...

Fiber is only found in foods that come from plants. Foods such as meat, fish and dairy products do not contain Fiber. There are two different types of Fiber– soluble and insoluble. Each type of Fiber helps your body in different ways, so a normal, healthy diet should include both types.

Forever Fiber™ provides a powerful blend of four unique types of Fiber – designed to give you 5 grams of health-supporting Fiber in every stick pack. Added to water, Forever Aloe Vera Gel®, or other beverage, Forever Fiber™ dissolves quickly and the stick pack is a convenient way to obtain extra Fiber in your daily diet, especially while you are at work or on the go! So don't forget to toss a stick pack in your purse or lunch bag for that extra dose of healthy Fiber to keep things moving and support your body.

References:

Lattimer, JM & Haub, MD. (2010). Effects of Dietary Fiber and its Components on Metabolic Health. *Nutrients* 2, 1266-1289.

Slavin, JL. (2005). Dietary Fiber and Body Weight. *Nutrition* 21, 411-418.

Van Horn, L. (1997). Fiber, Lipids and Coronary Heart Disease. *Circulation* 95, 2701-2704. Retrieved from <http://circ.ahajournals.org/content/95/12/2701.full>

*The statements contained herein have not been evaluated by the FDA. The products discussed are not intended to diagnose, mitigate, treat, cure or prevent a specific disease or class of diseases. You should consult your family physician if you are experiencing a medical problem. *Consult your physician prior to starting any new supplement if you are pregnant, lactating, or being supervised for any medical condition.*

Big News

New Policies to Help You Soar Globally

We've been listening to your feedback and comments and are excited to announce the following NEW company policies!

**Brand
New**



Novus: Adjective

1. extraordinary, unique

2. new

We love our new Distributors. We believe they are extraordinary and unique and that's why we have chosen the Latin word NOVUS to describe them.

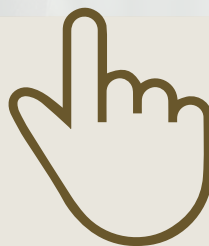
Effective June 3, 2015, all non-wholesale qualified Forever Business Owners will be referred to as NOVUS Customers. They will continue to receive a 15% discount from the retail price and be permitted to sponsor. However, they will no longer be eligible for ANY bonuses associated with downline activity until they earn the title of Distributor by becoming a wholesale qualified Assistant Supervisor.

Please refer to the following link for details.

Only One Name Needed!

Only one name is required on Distributor application forms!

Yes - that means that spouses can now sponsor each other and maintain a separate business if they would like!



Personal Bonus is now a Personal Discount!

Starting June 3, 2015, Personal Bonus for your personal purchases (5-18%, depending on MP level), which used to be paid to you on the 15th of the month following purchase, will now be a Personal Discount from the retail price at the time of your purchase! When added to your 30% discount for Wholesale Price, you will now purchase product at 35-48% discount from Retail Price. Additionally, Personal Bonus that you earn from Novus Customer purchases and from Retail Customer purchases will be accumulated in your Personal Bonus Account to be used for your personal purchases during the month, with whatever amount remaining in your account at the end of the month being paid to you as before on the 15th of the month following purchase.





Your Forever Inc.

A Forever Distributorship will be allowed, subject to specific conditions, to register a closely-held business entity to hold their Forever Distributorship.

A business entity held by no more than two shareholders, who are directly involved in the day-to-day operation of the business.

For more information, log on to foreverliving.com, Download section of the Distributor site.



More Rewarding Way to Build a Global Forever Business!

After June 3, 2015, you can qualify for a worldwide Leadership Bonus Waiver in any Country! As long as you are personally Active with 4cc in your Home Country and do the required Personal and Non-Manager Case Credits in any single country, you will not only receive your Leadership bonus in that Country for that month, but will also receive a Leadership Bonus Waiver in all other Countries for the following month!



NO NEED TO WAIT FOR A NEW YEAR'S RESOLUTION...
**IT'S ALWAYS THE RIGHT TIME TO
TRANSFORM YOUR BODY AND LIFE-
STYLE.**



ALL YOU NEED IS THE WILL TO SUCCEED.

#IAmForeverFIT

21 KM – Half Marathon



3 of our Pretoria Managers, Christo and Christine Jansen and Angie Loubser, decided at the start of this year that 2015 was going to be their “year of fitness”! They also decided that they all want to be “running fit”. Their routine starts at 4.30 am each morning, when they meet together, and then they ‘hit the road’ for a run!

The 21km Half Marathon was held in Pretoria and Christo, Christine and Angie all completed the Marathon with good timing. This was Angie’s first Half Marathon and she did exceptionally well. Christo (60 years old) and Christine (59 years old) had not run a Half Marathon in 2 years! This was a true test of their stamina and endurance!

Our Runners used the following FOREVER products :

- They chewed **BEE POLLEN (#026)** during the entire race
- They mixed **ARGI+ (#320)**, **FAB (#321)** and some ice water in their Bottles and they sipped this throughout the race (Christo says that **ARGI+** DEFINITELY makes him run FASTER!)
- **ALOE HEAT LOTION (#064)** for tired legs and feet is the best!
- **ALOE SUNSCREEN (#199)**, especially for neck and shoulders is a “MUST”!

During the race, our 3 Runners experienced no fatigue at all. They had lots of energy and felt great!

Christo, Christine and Angie encourage ALL Southern African FOREVER BUSINESS OWNERS to make 2015 YOUR “Year of Fitness”!



Pretoria – Gauteng



Forever F.I.T™ - Southern Africa



Our Staff Members were all very excited about the launch of the F.I.T™ Program





Get 1 Free
FAB Mug with your
En-Argi™ Pack
South Africa Only
While Stocks
Last



460 | En-Argi™

We all need a boost of energy. Whether it's occasionally when life gets hectic, or daily for a hectic life.

En-Argi™ provides four fantastic formulas that support nutrient levels to power you through your day. En-Argi™... For Life.

En-Argi™ contains 1 Forever Bee Pollen®, 2 FAB Forever Active Boost®, 2 FABX Forever Active Boost™, 1 Forever Daily™, 1 ARGi+® with scoop.

The statements contained herein have not been evaluated by the FDA. The products discussed are not intended to diagnose, mitigate, treat, cure, or prevent a specific disease or class of diseases. You should consult your family physician if you are experiencing a medical problem.

En-Argi™

For Life



AVAILABLE NOW



NEW



#1102 INTRODUCING EN-ARGI FLYER

R 1.32	N\$ 1.32
ZMW 0.82	\$ 0.14

#1540 EN-ARGI BANNER

R 600.08	N\$ 600.00
ZMW 383.97	\$ 69.26



#1418 EN-ARGI DVD

R 62.01	N\$ 61.94
ZMW 39.15	\$ 7.12

3005



#3005 EMPTY EN-ARGI COMBO BOX

R 21.60	N\$ 21.56
ZMW 13.64	\$ 2.48

NEW Literature



This **First Steps to Manager Book** will help guide you when you are taking your first steps to achieving your goals.

These steps will teach you how to

- understand Case Credits
- understand the Forever Marketing Plan
- build your team
- share the Forever Opportunity
- make calls
- profile your prospects
- create your 100 list of people you know

..... and so much more

Available at your Local Product Centre

1008

1008 | FIRST STEPS TO MANAGER

R 15.08	N\$ 17.02	ZMW 10.04	\$ 1.98
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AVAILABLE NOW - F.I.T.™ Marketing Tools

1600mm x 590mm

#1108 F.I.T™ FLYER	R 1.31	N\$ 1.32
	ZMW 0.82	\$ 0.15

#1541 F.I.T™ BANNER	R 600.89	N\$ 600.00
	ZMW 384.11	\$ 69.42

#1901 F.I.T™ SHAKER	R 35.59	N\$ 34.54
	ZMW 21.82	\$ 3.96

EMPTY F.I.T.™ COMBO BOXES	R 43.20	N\$ 43.11
	ZMW 27.28	\$ 4.95

Forever Buttons

#6016 EN-ARGI BUTTON	R 12.45	N\$ 12.43
	ZMW 7.85	\$ 1.43

#6017 F.I.T™ BUTTON	R 12.45	N\$ 12.43
	ZMW 7.85	\$ 1.43

#6015 BUSINESS BUTTON	R 12.45	N\$ 12.43
	ZMW 7.85	\$ 1.43

FLP SOUTHERN AFRICA - 2015

SUCCESS DAYS

JHB • KZN • NELSPRUIT		
Month	Date	Region
April	25	JHB
May	23	Nelspruit
June	20	Durban
July	18	JHB
August	22	Nelspruit
September	19	Durban
October	24	JHB
November	21	Nelspruit
December	19	Durban

CAPE TOWN		
Month	Date	Region
May	16	Wynberg
July	25	Wynberg
September	26	Wynberg
November	14	Wynberg

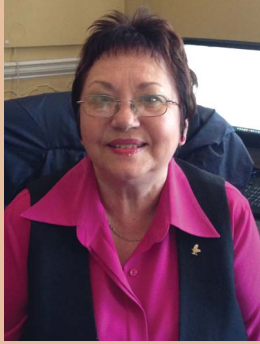
ZIMBABWE • ZAMBIA • NAMIBIA MOZAMBIQUE				
Month	Zim	Zam	Nam	Moz
May	16	16	16	16
July	25	25	25	18
September	26	26	26	19
November	14	14	14	14

TRAINING DATES

Please confirm venues and dates with relevant Product Centres

&

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
CAPE TOWN		7:00 pm				
JOHANNESBURG	10:30 am	10:30 am	10:30 am	10:30 am	10:30 am	
	EXCEPT LAST WEEK OF THE MONTH					
DURBAN			7:00 pm			
			10:00 am - 12 noon			
NAMIBIA			5:30 pm - 6:30 pm			
						2 pm
NELSPRUIT	BY APPOINTMENT DURING THE DAY					
LESOTHO			5:30 pm - 6:30 pm			
MOZAMBIQUE	Office Manager from Nelspruit travels to Maputo once a month to hold meetings - please confirm with Nelspruit Product Centre					
ZAMBIA				11 am - 12:30 pm	2:00 pm - 3:30 pm	
ZIMBABWE	10 am - 12 noon		10 am - 12 noon	10 am - 12 noon		

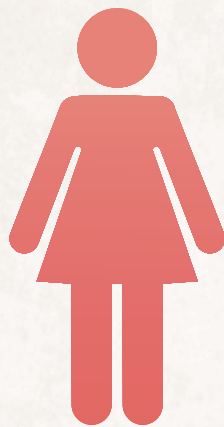


Margaret Ross
Operations
Manager

"If you are ever unsure of the Company's Rules and Regulations or Policies, please refer to the Company Policy Booklet which is available at any of our product centres. or online at www.foreverliving.com"

ADVERTISING

Company Policy Section 19.02 (c)



(c) Forever Business Owners are not to advertise FLP products in any way other than through the advertising or promotional materials made available to Forever Business Owners by FLP and materials pre-approved by an authorized officer of FLP. Forever Business Owners agree not to use any written, printed, recorded or any other material in advertising, promoting or describing the product or FLP marketing program, or in any other manner, any material which has not been copyrighted and supplied by FLP, unless such material has been submitted to FLP and approved in writing by FLP before being disseminated, published or displayed. FLP Forever Business Owners hereby agree to make no disparaging representations about FLP, the products, the FLP compensation plan or income potentials.

Please ensure that the wording used in your Advertisement, pamphlet, business cards, banners, car magnets etc are sourced from reliable FLP literature, and are approved by our Head Office (operations@forever.co.za)

Important information that MUST be printed on ALL advertising is as follows:

- 1 YOUR FULL NAME –**
- 2 YOUR CONTACT NUMBER AND EMAIL ADDRESS – (a maximum of 2 numbers or email addresses)**
- 3 THE WORDS 'FOREVER BUSINESS OWNER'**



Let's protect our Business!

YOUR HEALTH AND WEALTH MONTHLY MAGAZINE

Head Office

Trovato House • 1 Coach Road • Wynberg • Cape Town 7800
Tel : 021 761 6001 • Fax : 021 761 4271 • Email : operations@forever.co.za.

Western Cape

Contact Persons
Address
Bronwyn
Shop No. 7
Riverstone Mall
36 Main Road
Wynberg 7800
Telephone
+27 21 797 6329
Fax
+27 21 797 6029
Telesales
080-Forever (3673837)
E-Mail
Capetown@forever.co.za

Gauteng

Contact Persons
Address
Eutricia/Edgar
3 Guernsey Drive
Longmeadow Office Park
Longmeadow
Gauteng 1609
Telephone
+27 11 579 7440
Fax
+27 11 608 4000
Office Manager
Eutricia
E-Mail
Jhb-Eutricia@forever.co.za
Fax To Pc
086 762 4270
Asst Office Manager
Edgar
E-Mail
Edgar@forever.co.za
Fax To Pc
086 685 6464
Orders For Collection
Ayanda
E-Mail
Jhb-Ayanda@forever.co.za
Fax To Pc
086 263 8724
Orders For Courier
Tc (Thokozani)
E-Mail
Courierorders@forever.co.za
Fax To Pc
086 623 2470
Training
Edgar
E-Mail
Edgar@forever.co.za
Despatch Manager
Ernest
E-Mail
Ernest@forever.co.za

Mpumalanga

Contact Persons
Address
Guy
EL Building
48 Bester Street
Nelspruit 1201
Telephone
+27 13 752 2024
Fax
+27 13 752 5824
Office Manager
Guy
E-Mail
Nelspruit@Forever.co.za
Fax To Pc
086 516 5203
Despatch Manager
Brenda
E-Mail
Nelspruitorders@forever.co.za
Fax To Pc
086 515 9040

Kwa-Zulu Natal

Contact Persons
Address
Rani/Catherine
Convention House
216 Stalwart Simelane Street
Durban 4001
Telephone
+27 31 368 1753
Fax
+27 31 368 1743
Office Manager
Rani
E-Mail
Rani@forever.co.za
Orders E-Mail
Orders KZN@forever.co.za

Namibia

Contact Persons
Address
Clowey/Steven
39 Tal Street
Windhoek 9000
Telephone
+264 61 22 6186
Fax
+264 61 22 6699
E-Mail
Flpnamib@mweb.com.na

Zambia

Contact Persons
Address
Harrison/Leon
9945 Kabelenga Road
Interchem Building
Fairview
Lusaka, Zambia
Telephone
+260 211 22 0672
Fax
+260 211 22 0673
Office Manager
Harrison
E-Mail
Harrison@foreverzambia.com
Asst Office Manager
Leon
E-Mail
Leon@foreverzambia.com
Despatch Manager
Isaac Yambisa
E-Mail
Dispatch@foreverzambia.com

Zimbabwe

Contact Persons
Address
Sawman/Paul
3 Armadale Road
Borrowdale
Harare, Zimbabwe
Telephone
+263 485 3283
Office Manager
Sawman
E-Mail
Sawman@forever.co.zw
Asst Office Manager
Paul
E-Mail
Paul@forever.co.zw
Orders For Courier
Paul
E-Mail
orders@forever.co.zw



Forever Living Products South Africa

www.foreverliving.com
www.discoverforever.com

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456 | Vital⁵

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- 1 Forever Active Probiotic™
- 1 Forever Arctic Sea™
- 1 ARGI+™ and a scoop



For more in-depth information please consult the **PRODUCT MANUAL** available from your product centre

The statements contained herein have not been evaluated by the FDA. The products discussed are not intended to diagnose, mitigate, treat, cure, or prevent a specific disease or class of diseases. You should consult your family physician if you are experiencing a medical problem.