Nutrition



Forever Ginkgo Plus®

Feed your creativity with Ginkgo Biloba, the legendary "brain tonic" dating back five millennia. Forever Ginkgo Plus® is a unique blend of four Chinese plants. Ginkgo Biloba leaf extract, its chief ingredient, is combined with the powerful Chinese herbs of Ganoderma from Reishi mushrooms, Schisandra berries and cured Fo-ti.

The ginkgo tree is said to be the oldest surviving tree species. They live incredibly long (often over 1,000 years), and are extremely resistant to fungi and insects. Ginkgo Biloba is one of the most popular herbal supplements available in Europe and North America.

Extract from the ginkgo leaf yields flavonoids and terpenoids which strengthen capillaries. They also act as antioxidants. Ginkgo has been shown to increase circulation of blood to the brain, making it a remarkable "brain tonic."

Thyme contains saponins and other beneficial antioxidant substances.

Supplement Facts

Serving Size 1 Tablet

Amount Per Tablet	
Ginkgo Biloba Extract, powdered (leaf)	30 mg*
(Standardized to 24% flavonoids/6% terpenoids)	
Reishi (Ganoderma lucidum),	
powdered (mushroom)	210 mg*
Schisandra (wu-wei-zi: Schisandra chinensis),	
powdered (berries)	130 mg*
Cured Fo-ti (he-shou-wu: Polygonum multi	florum),
powdered (root)	110 mg*
* Daily Value not established	

Other ingredients: Microcrystalline cellulose, tricalcium phosphate, cellulose, stearic acid, croscarmellose sodium, magnesium stearate

CONTENTS 60 tablets

SUGGESTED USE One tablet, twice a day.

Note: Consult a physician before taking if you are pregnant, lactating, or have a medical condition. Not recommended for children under 6 years of age.



- · Enhances blood supply to the brain
- Helps support circulation
- Energy level booster
- Includes tonic herbs to boost the benefits of ginkgo
- 50:1 leaf-to-extract ratio

PRODUCT #073



These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.