

Nutrition



Forever Kids®

Give your kids the nutrients they need each day with Forever Kids Chewable Multivitamins. These fun and delicious multivitamins provide both adults and growing kids ages two and older with the vital vitamins, minerals and phytonutrients they may be lacking.

Phytonutrients are highly desirable plant nutrients found in vegetables and fruits. New processing techniques allow us to emulsify, dehydrate and flash-dry raw fruits and vegetables - to protect the valuable phytonutrients, vitamins, minerals and enzymes our bodies need. The result is a multivitamin that tastes great, is fun to eat and complements the range of other supplements that Forever Living offers!

Formulated without sugar, aspartame, artificial colors or preservatives, the phytonutrient base is taken from such nutritious foods as carrots, acerola, broccoli, spinach, cabbage, apples, cranberries, tomatoes and citrus fruit. You and your kids will love the natural orange and grape flavors, and you'll love the peace of mind!

OTHER INGREDIENTS:

Sorbitol, Xylitol, Polyethylene Glycol, Stearic Acid, Natural Blue Color, Silicon Dioxide, Natural Orange and Grape Flavors, Natural Orange Color, Magnesium Stearate, Citric Acid, Ethyl Cellulose, and Guar Gum.

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120 tablets

SUGGESTED USE

For children over four and adults, take four tablets daily as a dietary supplement. For children two to four years old, give two tablets per day under adult supervision.



- Fun colors and shapes that your kids will love!
- No artificial colors or preservatives
- Chewable tablets
- Phytonutrient base taken from the finest raw foods including broccoli, spinach, carrots and cabbage

PRODUCT #198

SEE REVERSE SIDE FOR SUPPLEMENT FACTS

The statements contained herein have not been evaluated by the FDA. The products discussed are not intended to diagnose, mitigate, treat, cure or prevent a specific disease or class of diseases. You should consult your family physician if you are experiencing a medical problem.

Forever Kids[®]

Supplement Facts

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Serving Size: 4 Tablets for Children over 4 and Adults; 2 tablets for Children 2-4.

Servings per Container: 30 for Children over 4 and Adults; 60 for Children 2-4.

Amount Per Serving	Children 2-4 years of age		Adults & Children Over 4	
	(2Tablets)	% Daily Value	(4 Tablets)	% Daily Value
Vitamin A (as Acetate and 50% Beta Carotene)	2500 IU	100%	5000 IU	100%
Vitamin C (as Ascorbic Acid)	30 mg	75%	60 mg	100%
Vitamin D (as Cholecalciferol)	200 IU	50%	400 IU	100%
Vitamin E (as D-Alpha Tocopheryl Acetate)	9 IU	90%	18 IU	60%
Vitamin B1 (as Thiamine Mononitrate)	0.75 mg	107%	1.5 mg	100%
Vitamin B2 (as Riboflavin)	0.85 mg	106%	1.7 mg	100%
Niacin (as Niacinamide)	10 mg	111%	20 mg	100%
Vitamin B6 (as Pyridoxine HCl)	1 mg	143%	2 mg	100%
Folate (as Folic Acid)	150 mcg	75%	300 mcg	75%
Vitamin B12 (as Cyanocobalamin)	1.5 mcg	50%	3 mcg	50%
Biotin	150 mcg	100%	300 mcg	100%
Pantothenic Acid (as D-Calcium Pantothenate)	5 mg	100%	10 mg	100%
Calcium (as Calcium Carbonate)	20 mg	3%	40 mg	4%
Magnesium (as Magnesium Oxide)	30 mg	15%	60 mg	15%
Zinc (as Zinc Oxide)	7.5 mg	94%	15 mg	100%
Copper (as Copper Oxide)	1 mg	100%	2 mg	100%
Manganese (as Manganese Gluconate)	1 mg	*	2 mg	100%
Proprietary Blend	18mg		36 mg	
Acerola Extract		*		*
Apple Pectin		*		*
Broccoli Powder		*		*
Cabbage Powder		*		*
Carrot Powder		*		*
Citrus Bioflavonoid Complex		*		*
Cranberry Concentrate		*		*
Spinach Powder		*		*
Tomato Powder		*		*

* Daily Value not established