When we think of bees, honey and pollen are foremost in our thoughts. Yet another important substance, propolis, is a sticky resin collected by bees. Honeybees collect and metabolize the propolis, then line their hives with it to protect the hive. It’s so effective, the interior of the bee hive has been found to be safer than most operating rooms. The name Propolis is derived from the Greek meaning “before the city,” signifying that propolis defended the entire community from external threat. Propolis has a 5000-year history. The Assyrians and the Greeks used propolis to help maintain good health. Fortified with royal jelly, Forever Bee Propolis® is an excellent way to help support the body’s natural defenses.

Forever Bee Propolis® is gathered from pollution-free regions. To further assure purity, specially designed bee propolis collectors are used. Forever Bee Propolis® is 100% natural with no added preservatives or artificial colors.

**Supplement Facts**

<table>
<thead>
<tr>
<th>Serving Size 1 Tablet</th>
<th>Amount Per Tablet</th>
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<tbody>
<tr>
<td>Bee Propolis, powdered</td>
<td>500 mg*</td>
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* Daily Value not established

Other ingredients: Soy protein isolate, carob, honey, silicon dioxide, almond flavor, croscarmellose sodium, stearic acid, and royal jelly.

**Contains Soy, Tree Nuts (Almond)**

**CONTENTS**

60 tablets

**SUGGESTED USE**

Chew one tablet, twice a day. Must be chewed before swallowing. Consult your physician before taking this or any other dietary supplement.

These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.