

# Nutrition



## Forever Kids®

Give your kids the nutrients they need each day with Forever Kids® Chewable Multivitamins. These fun and delicious multivitamins provide both adults and growing kids ages two and older with the vital vitamins, minerals, iron and phytonutrients they may be lacking.

Iron is a new addition to Forever Kids for its role in immune support and cognitive development. Iron, a commonly deficient nutrient, also supports overall health.

Phytonutrients are highly desirable plant nutrients found in vegetables and fruits. Our new and improved formula has more phytonutrients from a new, improved blend of fruits and vegetables. The result is a multivitamin that tastes great, is fun to eat and complements the range of other supplements that Forever Living offers!

Formulated without artificial colors or preservatives, the phytonutrient base is taken from such nutritious foods as carrots, beets, broccoli, spinach, blueberries, apples, cranberries, tomatoes and strawberries. You and your kids will love the natural grape flavor, and you'll love the peace of mind!

**CONTENTS**  
120 tablets

### SUGGESTED USE

For children over four and adults, take four tablets daily as a dietary supplement. For children two to four years old, take two tablets per day under adult supervision.



- No artificial colors or preservatives
- Chewable tablets
- Phytonutrient base taken from the finest raw foods including broccoli, spinach, beets, and carrots



PRODUCT #354

**SEE REVERSE SIDE FOR SUPPLEMENT FACTS**

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.*

# Forever Kids®

## Supplement Facts

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Serving Size: 4 Tablets for Adults and Children 4 and over; 2 Tablets for Children 2-4  
 Servings Per Container: 30 for Adults and Children over 4, 60 for Children 2-4

Amount Per Serving	Children 2-4 years of age (2 Tablets)		Adults & Children Over 4 years of age (4 Tablets)		Amount Per Serving	Children 2-4 years of age (2 Tablets)		Adults & Children Over 4 years of age (4 Tablets)	
		%DV		%DV			%DV		%DV
Vitamin A (as beta carotene)	1500 IU	60%	3000 IU	60%	Calcium (as di-calcium malate)	50 mg	6%	100 mg	10%
Vitamin C (as ascorbic acid)	30 mg	75%	60 mg	100%	Iron (as iron bis-glycinate)	2 mg	20%	4 mg	22%
Vitamin D3 (as cholecalciferol)	200 IU	50%	400 IU	100%	Magnesium (as di-magnesium malate)	25 mg	13%	50 mg	13%
Vitamin E (as d-alpha tocopheryl acetate)	10 IU	100%	20 IU	67%	Zinc (as zinc glycinate chelate)	3.8 mg	46%	7.5 mg	50%
Vitamin B1 (as thiamin mononitrate)	0.75 mg	107%	1.5 mg	100%	Copper (as copper gluconate)	0.05 mg	5%	0.1 mg	5%
Vitamin B2 (as riboflavin)	0.85 mg	106%	1.7 mg	100%	Proprietary Blend	20 mg	*	40 mg	*
Niacin (as niacinamide)	10 mg	111%	20 mg	100%	Red Pepper Powder, Tomato Powder, Strawberry Powder, Cranberry Powder, Acai Powder, Mangosteen Powder, Goji Powder, Pomegranate Powder, Blueberry Powder, Broccoli Powder, Spinach Powder, Kale Powder, Beet Powder, Carrot Powder, Pumpkin Powder, Grape Powder, Apple Powder, Acerola Extract Powder, Cabbage Powder, Onion Powder.				
Vitamin B6 (as pyridoxine HCl)	1 mg	143%	2 mg	100%					
Folate (as folic acid)	200 mcg	100%	400 mcg	100%					
Vitamin B12 (as cyanocobalamin)	1.5 mcg	50%	3 mcg	50%					
Biotin	150 mcg	100%	300 mcg	100%					
Pantothenic Acid (as d-calcium pantothenate)	5 mg	100%	10 mg	100%					

\* Daily Value (DV) not established.

**WARNING:** Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

**OTHER INGREDIENTS:** Sorbitol, xylitol, natural flavors, citric acid, grape skin extract, stearic acid, sucralose, silicon dioxide, magnesium stearate, guar gum, maltodextrin.