Nutrition



Forever CardioHealth $^{\text{TM}}$

Forever CardioHealthTM with CoQ10 is a special formula designed to dissolve in our very own Aloe Vera Gel to provide three important nutritional supports for cardiovascular health. It promotes healthy homocysteine levels, supplies coenzyme Q10 to promote efficient cell function, and provides heart-healthy antioxidants. Together, these ingredients work to support overall cardiovascular health.

CoQ10 is an enzyme that is produced by the human body and is necessary for the basic functioning of cells, including those of the heart and blood vessels. CoQ10 levels are reported to decrease with age, which is just when we need them most. Forever CardioHealth with CoQ10 provides the extra supply of CoQ10 your body needs.

Another way Forever CardioHealth supports good cardiovascular function is by helping to maintain healthy homocysteine levels in the blood. The B vitamins in Forever CardioHealth (Vitamin B6, B12, and Folic Acid) have been shown to help keep homocysteine levels in the healthy lower range. This in turn helps support healthy heart and blood vessel function. Forever CardioHealth also contains a selection of herbal extracts (Grape Seed, Turmeric, Boswellia, and Olive Leaf) found in studies to be beneficial for cardiovascular support. To all of the above we have added the heart-healthy minerals magnesium and chromium plus lecithin, known for its blood vessel lubricating and fat-mobilizing properties, and the powerful

antioxidant vitamins C and E.

Now take all this greatness and mix it into your next glass of Aloe Vera Gel for the added benefits found in the miraculous aloe leaf. Just pour, stir, and drink – your heart will thank you!

Supplement Facts

Serving Size 1 Packet Serving Per Container 30

† Daily Value not established.

| | Amount Per | % Daily |
|--|------------|---------|
| | Serving | Value |
| Calories | 10 | |
| Total Carbohydrate | 3 g | 1%* |
| Sugars | 3 g | t |
| Vitamin C (as ascorbic acid) | 30 mg | 50% |
| Vitamin E (as mixed tocopherols) | 15 IU | 50% |
| Vitamin B6 (as pyridoxine hydrochloride) | 2 mg | 100% |
| Folate (as folic acid) | 400 mcg | 100% |
| Vitamin B12 (as cyanocobalamin) | 25 mcg | 417% |
| Magnesium (as magnesium citrate) | 5 mg | 1% |
| Chromium (as chromium chloride) | 50 mcg | 42% |
| Coenzyme Q10 | 80 mg | † |
| Grape Seed Extract | 20 mg | † |
| Turmeric Extract (Curcuma longa), powdered (rod | ot) 20 mg | † |
| Boswellia Extract (Boswellia serrata) (resin) | 20 mg | t |
| Olive Leaf Extract | 24 mg | t |
| Soy Lecithin | 100 mg | † |
| *Percent Daily Values are based on a 2,000 calorie d | liet. | |

OTHER INGREDIENTS

Fructose, Microcrystalline cellulose, and silicon dioxide.

Contains: Soy

CONTENTS

3.5 grams



- Designed to dissolve easily in Aloe Vera Gel
- Provides CoQ10, necessary for basic cell functions
- Contains heart-healthy herbal extracts, minerals, lecithin, and antioxidant vitamins

PRODUCT #312

The statements contained herein have not been evaluated by the FDA. The products discussed are not intended to diagnose, mitigate, treat, cure or prevent a specific disease or class of diseases. You should consult your family physician if you are experiencing a medical problem.