

Weight Management



Forever Therm™

Forever Therm™ is a powerful, supportive formula to help boost your energy levels and kick-start metabolism, helping you on your weight-loss journey. Starting on a weight management program can be a daunting task, and the road to meeting your goals may seem arduous and lengthy. Beginning a healthy, calorie-controlled diet, and establishing a regular pattern of exercise, are two major steps that will carry you through your journey to success. There are additional tools that can help support your endeavors. Forever Therm™ is designed to help accelerate your weight loss efforts so you see results faster and achieve your ultimate desired shape and weight loss goals. With a unique combination of botanical extracts and nutrients, Forever Therm™ can help boost your metabolism, to maximize your efforts.

Green Tea extract provides the metabolic – and antioxidant – support of powerful polyphenol compounds known as catechins, which have been well-researched for their support of thermogenesis. Thermogenesis is the burning of fat to produce energy in the cells of the body. Forever Therm™ also provides natural caffeine-related alkaloids from Guarana seed extract to help support energy levels during your workouts and busy day. Studies show that Green Tea is synergistic with natural caffeine to support thermogenesis.

Green Coffee bean extract provides unique compounds – chlorogenic acids – not found in high levels in roasted coffee beans. These active constituents are shown to help inhibit the absorption of glucose and, as such, may help

to support normal blood sugar levels for those already in the normal range. Such effects can help to control cravings as well as dips in energy levels.

The perfect partners for this trio of metabolic-support botanicals are Raspberry Ketones, and a full complement of B vitamins with Vitamin C. Research indicates that Raspberry Ketones may help to support the metabolism of fat, which can be used by the body for energy production. B vitamins and Vitamin C are essential in the metabolism of carbohydrates, proteins, and fats. Since these vitamins are readily depleted during times of physical stress – such as during exercise – replenishment is important and can play a role in metabolic support.

Of course, the foundation for any successful weight management program is maintaining a healthy diet and obtaining adequate exercise. Forever Therm™ provides a powerful combination of botanical extracts and nutrients to support energy and metabolism and help you achieve your goals.

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60 tablets

SUGGESTED USE
Take 2 tablets of Forever Therm™ daily. You can take one tablet in the morning and one at lunch, or take both tablets in the morning – whichever is most convenient for you. It is suggested not to take Forever Therm™ after 6pm, due to its natural caffeine content.

Supplement Facts

Serving Size 2 Tablets
Servings Per Container 30

	Amount Per Serving	%DV
Vitamin C (as ascorbic acid)	150 mg	250%
Vitamin B1 (as thiamin HCl)	1 mg	67%
Vitamin B2 (as riboflavin)	1.7 mg	100%
Niacin (as niacinamide)	10 mg	50%
Vitamin B6 (as pyridoxine HCl)	8 mg	400%
Folate (as folic acid)	400 mcg	100%
Vitamin B12 (as cyanocobalamin)	500 mcg	8,333%
Pantothenic acid (as calcium d-pantothenate)	40 mg	400%

Proprietary Forever Therm Blend 1114 mg †
Green Tea (*Camellia sinensis*) Extract (leaves), Guarana Seed Extract,
Green Coffee Bean (*Coffea robusta*) Extract, Raspberry Ketones.

† Daily Value (DV) not established.

Other ingredients: Silicified microcrystalline cellulose, stearic acid, croscarmellose sodium, silicon dioxide, sodium carboxymethylcellulose, dextrin, dextrose, medium chain triglycerides, trisodium citrate.



- May boost metabolism to help you achieve your weight management goals, when used in conjunction with a healthy diet and exercise program.
- Provides powerful botanicals and nutrients to help support thermogenesis.

PRODUCT #463

The statements contained herein have not been evaluated by the FDA. The products discussed are not intended to diagnose, mitigate, treat, cure or prevent a specific disease or class of diseases. You should consult your family physician if you are experiencing a medical problem.